

# Do You

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Nancy Morgan (USA) - January 2008  
音樂: Paul McCartney - Scissor Sisters : (CD: Ta -Dah)



Also:

Unchain My Heart by Joe Cocker, Ultimate Collection

Respect Yourself by Aaron Neville Featuring Mavis Staples, CD: Bring It On Home...The Soul Classics

## **CROSS, STEP, SAILOR SHUFFLE, CROSS, STEP, STEP BEHIND, TOUCH OUT TO SIDE**

- 1-2      Cross right foot over left, step left to left side
- 3&4      Sailor shuffle - cross right behind left, step left to left side, step right forward
- 5-6-7-8      Cross left over right, step right to right side, cross left behind right, touch right toes out to right side

## **CROSS, TOUCH, CROSS, MONTEREY, STEP FORWARD**

- 1-2      Cross right over left, touch left out to left side
- 3-4      Cross left over right, touch right out to right side
- 5-6      Swinging right foot behind you so that you turn  $\frac{1}{2}$  turn to your right as you set your right foot down next to your left, touch left foot out to left side
- 7-8      Cross left over right, step right forward

## **STEP BACK $\frac{1}{4}$ TURN TO RIGHT, STEP FORWARD $\frac{1}{4}$ TURN TO RIGHT, SHUFFLE FORWARD, JAZZ BOX**

- 1-2      Step left back as you turn  $\frac{1}{4}$  turn to your right, step right forward  $\frac{1}{4}$  turn to right
- 3&4      Shuffle forward - left, right, left
- 5-6-7-8      Cross right over left, step left back, step right to right side, step left forward

## **HIP ROLLS $\frac{1}{4}$ TURN TO LEFT, WALK, WALK, SIDE ROCK**

- 1-2-3-4      Step right forward as you roll your hips counter to the right 2 times while turning  $\frac{1}{4}$  turn to left
- 5-6      Walk forward right, left
- 7-8      Side rock - rock right foot to right side and recover to left

Begin again.

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