Little Sally

級數: Improver

編舞者: Sue Barnes (UK) - December 2007

牆數: 4

音樂: Sea Salt Sally - Rick Guard

(36 count intro)

Two Walks x2. 2x shuffle forward

- 1-2 Walk Right Left (on the spot)
- 3&4 Shuffle forward right, left right.
- 5-6 Walk Left Right (on the Spot)
- 7&8 Shuffle forward left, right, left.

Mambo Right, Mambo Left 4x walks Back.

- 1&2 Rock Right to right side recover onto left, touch right beside left
- 3&4 Rock left to left side, recover onto right, touch left beside right.
- 5-6 Walk back right, left
- 7-8 Walk back right, left

Note: Add claps on the walks back.

Heel toe heel twists right and left

- 1-2 Twist both feet to the right Heels toes
- 3-4 Heels Hold.
- 5-6 Twist both feet to the left Heels toes
- 7-8 Heels hold.

(4)x paddle steps turning 3/4 left. 2x Sailor Steps.

- 1 Step forward right turning over left shoulder (11 o'clock)
- 2 Step forward right turning left (9pm)
- 3 Step forward right turning left (6PM)
- 4 Step forward right turning left (3pm)
- 5&6 Step right behind left, step left to left side. Step right to place.
- 7&8 Step left behind Right, step right to right side. step left to place.

Charleston Steps

- 1-2 Sweep right foot forward, digging right heel. Take right foot back. Weight on right foot.
- 3-4 Touch Left toe back. Sweep left foot forward.

Begin again.





拍數: 36