Seven Day Fool



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Bill McGee (USA) - January 2008

音樂: Seven Day Fool - Jully Black: (CD: Revival)



Start dance 16 counts in - just as vocals start.

(1-8) Step, Hold, Rock Step, Step, 2X

1-2 Step R on R, Hold

&3-4 Rock L behind R, Recover on R, Step L on L

5-6 Step R on R, Hold

&7-8 Rock L behind R, Recover on R, Step L on L

(9-16) Rock, Step, Rock, Step, Step, Lock, Step, Step

Cross Rock R over L, Recover on L 1-2

3-4 Rock Back on R, Recover on L

5-6 Step fwd on R, Lock step L behind R,

7-8 Step Fwd on R, Step L next to R

(17-24) Vine R with 1/2 turn Hitch, Step, Touch, Step Touch

1-2 Step R on R, Step L behind R,

3-4 Turn ¼ R stepping fwd on R, Turning another ¼ turn R hitching L (6:00)

Step L to L, Touch R next to L, Step R to R, Touch L next to R 5-8

(25-32) Step Touch Shuffle R, Step 1/4 Turn, Step 1/4 Turn

1-2 Step L to L, Touch R next to L

3&4 Step R to R, Step L next to R, Step R to Right

5-6 Step Fwd on L, Turn 1/4 turn R

7-8 Step Fwd on L, Turn 1/4 turn R

Repeat everything starting on L

Change Last 8 counts to:

(57-64) Step, Touch, Shuffle L, Step fwd, Hold, Lock Step, Step

1-2 Step R to R, Touch L next to R

3&4 Step L to L, Step R next to L, Step L to L

5-6 Step fwd on R, Hold

&7-8 Lock step L behind R, Step fwd on R, Step L on L

Begin again.

Two Tags

At end of walls two and four - both facing the front wall. Add 8 counts.

1-4 Step fwd on R, Turn 1/2 L, Step Fwd on R, Turn 1/2 L

5-8 Rock fwd on R, Recover on L, Rock back on R, Recover on L