

Three Times A Lady

COPPERKNOB
STEPSHEETS

拍數: 24 牆數: 4 級數: Improver
編舞者: Mikael Mölsä (FIN) - February 2008
音樂: Three Times a Lady - The Commodores : (CD: The Ultimate Collection)



Starting point: At about 0:05, at vocals.

Note: There is one restart (on wall 5, after 18 counts) and two tags (after walls 2 and 9) in the dance.

TWINKLE, TWINKLE

1-3 Step left across right foot, step right to side, step left diagonally forward
4-6 Step right across left foot, step left to side, step right diagonally forward

TWINKLE, RIGHT ½ TURN TWINKLE

1-3 Step left across right foot, step right to side, step left diagonally forward
4-6 Step right across left foot, turn ¼ to right by stepping left foot back, turn ¼ to right by stepping right foot to the side

THREE STEP ¼ LEFT TURN, STEP FORWARD, ½ RIGHT TURNING SWEEP

1-3 Step left forward and turn 1/8 to left, step right forward, step left forward and turn 1/8 to left
4-6 Step right forward, sweep left from back to forward while turning ½ to right

ROCK STEP, STEP TOGETHER, FORWARD TRAVELLING FULL TURN TO RIGHT

1-3 Rock left forward, recover weight back to right, step right next to left
4-6 Step right forward and turn ¼ to right, step left back and turn ¼ to right, step right forward and turn ½ to right

Note: Easier option for counts 4-6 is to step forward right-left-right

REPEAT

TAG: After walls 2 and 9

CROSS ROCK STEP, SIDE TOUCH

1-3 Rock left across right, recover weight back to right, touch left to left side