

Love Machine

拍數: 0 牆數: 4 級數: Phrased Improver
編舞者: Sebastiaan Holtland (NL) - February 2008
音樂: Love Machine - Girls Aloud



Sequence: 2X A 1X B 3X A 1X B 5X A End Of Music

Part A = 32 Count, Part B = 32 Count

You start dancing part B two times after the 2nd and 5th wall

PART A: Start the dance to facing 12:00

WALK, CHARLESTON PATTERN, KICK 1/2 TURN L HITCH

- 1-2 Walk forward on Rf, stepping forward on Lf weight onto Lf (12:00)
- 3-4 Kicking forward on Rf tap toe forward, stepping back on Rf
- 5-6 Touching back on L toe, stepping forward on Lf weight onto Lf
- 7&8 Kicking forward on Rf, step Rf back in place turn 1/2 left on Rf, and hitch your R knee weight onto Lf (6:00)

(Option: On count 7&8 Make pose with both hands what you want)

And holding the pose to counts 9 t/m 16)

LOCK SHUFFLES FWD IN GALLOPS, 1/4 TURN L SIDE ROCK / RECOVER, CROSS, 3/4 UNWIND L

- 9&10&11&12 Step forward on Lf, lock Lf behind Rf, step forward on Lf, lock Rf behind Lf, Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (6:00)
- 13&14 Turn 1/4 left and rock Rf to the right side, recover on Lf, stepping Rf across Lf weight onto Rf (3:00)
- 15-16 Unwind 3/4 left on the both feet take weight onto Lf (6:00)

JUMP BOTH FEET APART, SYNCOPATED HIP BUMPS L-R-L, 1/4 TURN R JUMP BOTH FEET APART, SYNCOPATED HIP BUMPS L-R-L, SAILOR STEP, BEHIND, 1/2 UNWIND L

- &17&18 Jump with both feet apart, and bump L hip out to the left side, bump R hip out to the right side, bump L hip out to the left side weight onto Lf (6:00)
- &19&20 Turn 1/4 right and jump with both feet apart, and bump L hip out to the left side, bump R hip out to the right side, bump L hip out to the left side weight onto Lf (9:00)
- 21&22 Step Rf behind Lf, Step Lf to the left side, step Rf to the right side weight onto Rf
- 23-24 Cross Lf behind Rf, and unwind 1/2 left on the both feet take weight onto Lf (3:00)

DIAGONALLY SAILOR STEP FWD, SAILOR CROSS, FULL UNWIND, SIDE TOUCH

- 25-26&27 Step diagonal forward on Rf, step Lf behind Rf, step Rf to the right side, step Lf to the left side weight onto Lf (3:00)
- 28&29 Step Rf behind Lf, step Lf to the left side, stepping Rf across Lf take weight onto both feet
- 30 Turning full left on the both feet holding weight onto both feet
- 31-32 Stepping Lf out to the left side, touching Rf next to Lf take weight onto Lf (3:00)

PART B: Part B start at facing 12:00 O clock, when you ending Part A at facing 3:00 O clock

SIDE HOLD, 1/4 TURN L, 3/4 UNWIND, SIDE HOLD, BEHIND, STEP CROSS, HITCH

- 1-2 Stepping Rf to the right side, HOLD (12:00)
- 3-4 Turn 1/4 left on Lf, close Rf next to Lf unwind 3/4 left on the both feet holding weight onto both feet
- 5-6 Stepping Lf to the left side, HOLD
- &7-8 Step Rf behind Lf, step Lf slightly across Lf take weight onto Lf, Hitching your right R knee (12:00)

CROSS, SLOW FULL TURN, SIDE HOLD, BEHIND, STEP CROSS, HOLD

9-10 Stepping Rf across Lf take weight onto both feet, HOLD (12:00)
11-12 Turning full slowly on both feet take weight onto Rf
13-14 Stepping Lf to the left side, HOLD
&15-16 Step Rf behind Lf, step Lf slightly across Lf take weight onto Lf, HOLD (12:00)

STEP HOLD, SIDE ROCK / RECOVER WITH 1/4 TURN R, CROSS HOLD, STEP BACK, STEP BACK HOLD

17-18 Stepping forward on Rf, HOLD (12:00)
19-20 Turn 1/4 right and rock Lf to the left side, recover on Rf weight onto Rf (3:00)
21-22 Step Lf across Rf weight onto Rf, HOLD
23-24 Turn 1/4 left and step back on Rf, step back on Lf weight onto Lf HOLD (12:00)

WALK R DIAGONAL FWD HOLD, WALK L DIAGONAL FWD HOLD, 1/2 PIVOT TURN L, 1/2 CHANNE TURN L HOLD

25-26 Walk diagonal forward on Rf weight onto Rf, HOLD (12:00)
27-28 Walk diagonal forward on Lf weight onto Lf, HOLD
29-30 Stepping forward on Rf, pivot 1/2 left take weight onto Lf
&31-32 Close Rf next to Lf, turn 1/2 left on both feet and step back on Lf HOLD (12:00)

HAVE FUN
