Keep On Rollin'

拍數: 32

編舞者: Andy Chumbley (USA) - February 2008

音樂: Rollin' With the Flow - Mark Chesnutt : (Album: Rollin' With the Flow)

級數: Improver

(16 count intro), thought inside my head, start on "head"

SWAY, WEAVE, 1/4 TURN, CROSSING SHUFFLE

- 1-2-3 Sway right, left, right
- 4&5 Cross left behind right, step right to right, cross left over right
- 6-7 1/4 turn left stepping back on right, step left to left
- 8&1 Cross right over left, step left to left, cross right over left (9:00)

MAKE 3/4 TURN, COASTER STEP, WALK, KICK BALL POINT

- 1/4 turn left stepping forward on left, 1/2 turn left stepping back on right 2-3
- Step back on left, step right next to left, step forward on left 4&5
- 6-7 Walk forward on right, left
- 8&1 Kick right forward, step right next to left, point left to left (12:00)

STEP BEHIND, SIDE, 1/2 TURN LEFT, SIDE STEP, SHUFFLE

- 2-3 Step left behind right, step right to right
- 4&5 1/2 left stepping left, right, left in place
- 6-7 Step right to right, step left next to right
- 8&1 Step forward on right, step left next to right, step forward on right (6:00)

ROCK RECOVER, 1/4 TURN, WALK, ROCK RECOVER

- 2-3 Rock forward on left, recover on right
- 4&5 Step left behind right, 1/4 turn right stepping forward on right, step forward on left
- 6-7 Step forward on right, step forward on left
- 8& Step right to right, recover on left (weight on left) (9:00)

Repeat





牆數:4