Cowgirl Two-Step



拍數: 32 牆數: 4 級數: Beginner

編舞者: Mavis Broom (UK) - February 2008

音樂: How a Cowgirl Says Goodbye - Tracy Lawrence: (CD: 100 Hits Country 5 CD

Album)



Alts:

Forever And Ever Amen by Randy Travis Ribbon of Highway by Scooter Lee

WALK RIGHT, LEFT, RIGHT COASTER STEP, WALK BACK LEFT, RIGHT 1/2 LEFT SAILOR TURN

1-2 Walk Right, Walk Left

3&4 Step Right Forward, Step Left Next To Right, Step Back Right

5-6 Walk Back Left, Right

7&8 Swing Left Behind Right Turning ¼ Left, Step Right Next To Left, Recover weight Onto Left.

RIGHT ROCK, BEHIND, SIDE, CROSS, LEFT ROCK, BEHIND 1/4 STEP

1-2 Rock Step onto Right, Recover Weight onto Left

3&4 Step Right Behind Left, Step Left To Left, Cross Right Over Left

5-6 Rock Step Left To Left, Recover Weight onto Right

7&8 Step Left Behind Right, ¼ Turn Right on Right, Step Left Next to Right

RIGHT SIDE TOG, CHASSE RIGHT, LEFT SIDE TOG LEFT CHASSE 1/4TURN

1-2 Step Right to Right, Together with Left, (use Latin hips)

3&4 Chasse Right on a R, L, R

5-6 Step Left to Left, Together with Right (Latin hips)

7&8 Chasse Left Turning ¼ Left on a L, R, L

STEP RIGHT, ¼ LEFT, SHUFFLE ½ TURN LEFT, BEHIND, ¼ RIGHT TURN, LEFT SHUFFLE FORWARD

1-2 Step Forward Right Turning ¼ Left, Recover Weight onto Left.

3&4 Continue Turning Left, on a R,L,R. Shuffle Turn

5-6 Step Behind on Left, ¼ Turn Right Stepping Forward on Right

7&8 Shuffle Forward on a L,R,L.

Dedicated To TIM RUZGAR for his continuing support of Country Music

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