

Cowgirl 2-Step

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mavis Broom (UK) - March 2008
音樂: If We're Not Back In Love By Monday - Kalibre



Or Music:

How A Cowgirl says Goodbye By Tracy Lawrence From The 100 Hits Country 5 CD Album
Slow Speed Blue Bayou By Linda Ronstadt and Forever and Ever Amen, By Randy Travis
Ribbon of Highway By Scooter Lee.

WALK RIGHT, LEFT, RIGHT COASTER STEP, WALK BACK LEFT, RIGHT ¼ LEFT SAILOR TURN

- 1-2 Walk Right, Walk Left
- 3&4 Step Right Forward, Step Left Next To Right, Step Back Right
- 5-6 Walk Back Left, Right
- 7&8 Swing Left Behind Right Turning ¼ Left, Step Right Next To Left, Recover weight Onto Left.

RIGHT ROCK, BEHIND, SIDE, CROSS, LEFT ROCK ,BEHIND ¼ STEP

- 1-2 Rock Step onto Right, Recover Weight onto Left
- 3&4 Step Right Behind Left, Step Left To Left, Cross Right Over Left
- 5-6 Rock Step Left To Left, Recover Weight onto Right
- 7&8 Step Left Behind Right, ¼ Turn Right on Right, Step Left Next to Right

RIGHT SIDE TOG, CHASSE RIGHT, CROSS ROCK, LEFT CHASSE ¼TURN

- 1-2 Step Right to Right, Together with Left, (use Latin hips)
- 3&4 Chasse Right on a R, L, R
- 5-6 Cross Rock Left Over Right, Recover onto Right.
- 7&8 Chasse Left Turning ¼ Left on a L, R, L

STEP RIGHT, ¼ LEFT, SHUFFLE ½ TURN LEFT,BEHIND, ¼ RIGHT TURN,LEFT SHUFFLE FORWARD

- 1-2 Step Forward Right,Turning ¼ Left, Recover Weight onto Left.
- 3&4 Continue Turning Left, on a R,L,R. Shuffle Turn
- 5-6 Step Behind on Left, ¼ Turn Right Stepping Forward on Right
- 7&8 Shuffle Forward on a L,R,L.

KEEP IT COUNTRY
