

# Rocks In Your Shoes

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kathy Brackett (USA) - March 2008  
音樂: Rocks In Your Shoes - Emily West



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## RIGHT & LEFT TOE STRUTS, RIGHT KICK BALL CHANGE, SIDE ROCK

- 1-2      Touch right toe forward, step down on right
- 3-4      Touch left toe forward, step down on left
- 5&6      Kick right, step on right, step on left (right kick ball change)
- 7-8      Rock right to right side, recover onto left

## RIGHT & LEFT TOE STRUTS, RIGHT KICK BALL CHANGE, STEP, QUARTER

- 1-2      Touch right toe forward, step down on right
- 3-4      Touch left toe forward, step down on left
- 5&6      Kick right, step on right, step on left (right kick ball change)
- 7-8      Step forward right, pivot ¼ turn to left (9:00)

**RESTART: Restart here during 4th repetition**

## TWO JAZZ BOXES WITH SCUFF

- 1-2      Cross right over left, step back left
- 3-4      Step right to right side, scuff left forward
- 5-6      Cross left over right, step back right
- 7-8      Step left to left side, scuff right forward

## LONG STEPS FORWARD & BACK WITH DRAGS & HIPS

- 1-2      Step big step forward right at angle, drag left up to right
- 3      Rock back slightly with left at angle throwing hips back left
- 4      Rock right forward throwing hips forward right at angle
- 5-6      Step big step back left at angle, drag right back to left
- 7      Rock forward right at angle throwing hips forward right
- 8      Rock back onto left throwing hips back left at angle

**REPEAT**

**RESTART: Restart on fourth wall (3:00) after 16 counts (facing 12:00)**

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