Lie In The Sun

拍數: 32

級數: Improver

編舞者: Pam Leader (USA) - April 2008

音樂: Song 6 - Daniel Powter

Intro: Start dance at 32 counts into the song (at the start of the lyrics)

R STEP SLIDE, CLAP, L STEP SLIDE, CLAP, ¼ R JAZZ, L MAMBO STEP

- 1.2 Step R diagonally to right, slide L to R, touch/clap
- 3,4 Step L diagonally to left, slide R to L, touch/clap
- Cross R over L, step back on L, turning 1/4 right step R forward 5&6
- Rock forward L, recover R, step L next to R (3:00) 7&8

34 CROSS UNWIND LEFT, HIP BUMPS with SNAPS, ROCK L FWD, R RECOVER, LEFT KICK, CROSS, STOMP

- 1,2 Cross R over L, unwind ³/₄ turn to left
- 3.4 Hip bump right and snap (x2)
- 5&6 Rock L forward, recover back to R, Kick L forward
- &7&8 Step L back, cross R over L, step L to left side, Stomp R beside L (6:00)

MOVING HEEL GRINDS, PIVOT ½ RIGHT, LEFT BACK LOCK ½ TURN RIGHT

- 1.2 Left heel forward and grind, end with weight on left
- 3,4 Right heel forward and grind, end with weight on right
- 5,6 L forward, pivot turn 1/2 to the right, weight ends on right
- 7&8 L back into a ¼ turn to the right, cross R over L, step L back into a ¼ turn right.(6:00)

ROCK BACK R, RECOVER L, STEP R FWD ¼ LEFT, LEFT POINT, SYNCOPATED WEAVE with a SCUFF-HITCH

- 1,2 Rock R back, recover weight onto L
- 3.4 step R forward into a 1/4 turn left, point left toe out to left side
- 5&6&7&8 Cross L over R, step R to right side, cross L behind R, step R to right side, cross L over R, scuff R beside L, end in a hitch (3:00)

End of dance

** Restart. After 28 counts of wall 6, restart dance from the beginning. Replace the toe point to the left on count 28 with a step left so that weight is on proper foot for start of dance - slide to the right.





牆數:4