Steppin Line

級數: Intermediate

編舞者: William Sevone (UK) - April 2008

音樂: Shake (feat. Pitbull) - Ying Yang Twins

Dance starts with the drums and main vocals (approx 21s into music) feet slightly apart, weight on the left.

Choreographers note:- Please remember that the hops/bounces are not 'Moon hops' - keep them short and together.

Add as much or as little of your own styling as you wish - feel the music.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Diagonal Step x4. Swing Left. Swing Right. Behind. 3/4 Right (9:00)

- 1 2(with light stomp) Step right diagonally right. Step left diagonally left.
- 3 4(with light stomp) Step right diagonally right. Step left diagonally left.
- 5 6Hitch/swing right foot across left leg. Swing right foot to right side.
- 7 8 Step right behind left. Turn ³/₄ right (weight on right) (9)

Style note: 5: Slap/touch foot with left hand. 6: Slap/touch foot with right hand.

Fwd. 2x Hip Bump. Together. Fwd. 2x Hip Bump. 1/2 Left Fwd. 2x Diagonal Step (3:00)

- 9& 10 (upper body turned right with hands at sides of head) Step fwd onto left & bump hips. Bump hips.
- 11 (lowering hands & upper body facing fwd) Touch left foot next to right.
- 12& 13 (upper body turned right with hands at sides of head) Step fwd onto left & bump hips. Bump hips.
- 14 (lowering hands & upper body facing fwd) Turn $\frac{1}{2}$ left & step forward onto left (3).
- 15 16 (with light stomp) Step right diagonally right. Step left diagonally left.

Turn 1/2 Right Bounce. 1/2 Left Bounce. 1/4 Left Rock. Recover. Bwd Bounce with Sweeps (12:00)

- 17& 18 (hitching right) Hop/bounce ½ right – count 18 step right next to left: Hop-Hop-Step (9).
- 19& 20 (hitching left) Hop/bounce ½ left – count 20 step left next to right: Hop-Hop-Step (3).
- 21 22Turn 1/4 left & rock forward onto right (12). Recover onto left.
- 23& 24 (sweeping right out then in) Hop/bounce backward on left – count 24 step right backward.
- 25& 26 (sweeping left out then in) Hop/bounce backward on right - count 26 step left backward.

Style note: (optional) 17-20: Criss-crossing arms with each 'bounce' will add flavour to the dance.

Turn 1/2 Right Fwd. Fwd. 3x Hitch Run. Bwd. 'On Your Marks' or Option (6:00)

- Turn 1/2 right & (short) step forward onto right (6). (short) Step forward onto left. 27 – 28
- 29& 30 (hitching knees high) Step forward onto right, step backward onto left, step backward onto right.
- 31 32(upper body leaning slightly forward) Step backward onto left foot
- (with stretched leg) Touch right toe backward & touch left fingers forward to floor.

Option: 31: Step bwd onto left. 32: Hitch right & throw arms bwd (over the head).





拍數: 32

牆數: 2