Born 2 Boogie



拍數: 88 牆數: 2 級數: Easy Intermediate

編舞者: Johnny S. (UK) - April 2008

音樂: Natural Born Boogie - Humble Pie



(16 count intro.....)

(1-8) Walk Fwd X 4, Step Back & Touch X 4:

Walk forward L while bending both knees L
 Walk forward R while bending both knees R

3-4Repeat counts 1 & 2 above......
&5 Step L back, Touch R toe in front of L
&6 Step R back, Touch L toe in front of R
&7&8Repeat counts &5&6 above...

(9-16) Weave L, Kick Ball Cross X 2:

1-4 Step L to L side, Step R behind L, Step I to L side, Cross-step R over L

5&6 L kick ball cross 7&8 L kick ball cross

(17-25) Crossing Toe-Heel Struts X 2, Chasse L, Rock-Recover:

1-4 Touch L toe across R, Step L heel down, Step R toe back, Step R heel down

5&6 Chasse L

7-8 Rock R back, Recover on L

(25-32) Weave, Kick Ball Cross X 2:

1-4 Step R to R, Step L behind R, Step R to R, Cross-step L over R

5&6 R kick ball cross 7&8 R kick ball cross

(33-40) Crossing Toe-Heel Struts X 2, Chasse R With ¼ Turn L, Rock-Recover:

1-4 Touch R toe across L, Step R heel down, Step L toe back, Step L heel down

5&6 Chasse R with ¼ turn L (9)7-8 Rock L to L side, Recover on R

(41-48) Step ½ Turn L, Sweep R & Touch, Step, Touch & Repeat All Again:

1-2 Step L forward into ½ turn L, Sweep R around & touch beside L (3)

3-4 Step R into long step back, Touch L toe in front of R

5-8Repeat above 4 counts..... (9)

Section 7.

(49-56) 1/4 Turn R X 2, Cross Shuffle, Step, Kick, L Coaster:

Step L back into ¼ turn R, Step R into ¼ turn R (3)
 Cross L over R, Step R to R side, Cross-step L over R

5-6 Step R to R side, Kick L across R

7&8 L coaster-step

*** Leave Section 7 (counts 49-56) out altogether on 1st Rotation/wall ***

(57-64) Skate Forward X2; Step X 4, Pivot ½ Turn L & Touch X 2:

1-2 Skate forward R & L

Step R out to R side, Step L out to L sideStep R in to centre, Step L beside R

Step R forward, Pivot ½ turn L while leaning back on R touch L beside R (9) 7-8 Step forward L, Touch R beside L – while bending slightly forward & click fingers (65-72) Monterey ½ Turn Right X 2: 1-2 Touch R to R side, On ball of L make ½ turn R & step R beside L (3) 3-4 Touch L to L side, Step L beside R 5-8Repeat Monterey ½ turn R (9) (73-80) Skate Forward X 2; Step X 4, Pivot ½ Turn L & Touch X 2: 1-2 Skate forward R & L 8.3 Step R out to R side, Step L out to L side 8.4 Step R in to centre, Step L beside R 5-6 Step R forward, Pivot ½ turn L while leaning back on R touch L beside R (6) 7-8 Step forward L, Touch R beside L – while bending slightly forward & click fingers (81-88) Heel Touches, Jump Forward & Back With Claps/Clicks: 1& Touch R heel forward, Step R beside L 2& Touch L heel forward, Step L beside R 3-4 Touch R heel forward, Hold & Clap &5-6 Jump forward R-L, Clap (or Click fingers)
7-8 Step forward L, Touch R beside L – while bending slightly forward & click fingers (65-72) Monterey ½ Turn Right X 2: 1-2 Touch R to R side, On ball of L make ½ turn R & step R beside L (3) 3-4 Touch L to L side, Step L beside R 5-8Repeat Monterey ½ turn R (9) (73-80) Skate Forward X 2; Step X 4, Pivot ½ Turn L & Touch X 2: 1-2 Skate forward R & L 8.3 Step R out to R side, Step L out to L side 8.4 Step R in to centre, Step L beside R 5-6 Step R forward, Pivot ½ turn L while leaning back on R touch L beside R (6) 7-8 Step forward L, Touch R beside L – while bending slightly forward & click fingers (81-88) Heel Touches, Jump Forward & Back With Claps/Clicks: 1& Touch R heel forward, Step R beside L 2& Touch R heel forward, Step L beside R 3-4 Touch R heel forward, Hold & Clap
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1& Touch R heel forward, Step R beside L 2& Touch L heel forward, Step L beside R 3-4 Touch R heel forward, Hold & Clap
 Z& Touch L heel forward, Step L beside R 3-4 Touch R heel forward, Hold & Clap
3-4 Touch R heel forward, Hold & Clap
&5-6 Jump forward R-L, Clap (or Click fingers)
&7-8 Jump back R-L, Clap (or Click fingers)(weight ends on R)
Choreographer's Notes: On 1st wall only – on Count 8 in Section 6 (counts 41-48)change to Step L beside R(weight on L)
*** And leave out Section 7 altogether *** - dance on from Section 8 till the end of Section 11 and start dance from beginning again (this makes the 1st wall 80 counts only)
To end the dance facing front – after the 5th rotation you'll be facing the 9 o'clock wall dance up to count 49 – Section 7 (count 1) Step L back into ¼ turn Rhold & shake hips/shoulders as music fades out!