

She Believes

拍數: 32 牆數: 4 級數: Novice
編舞者: Kate Sala (UK) - April 2008
音樂: She Believes in Me - Kenny Rogers : (Album: A Love Song Collection)



Start after a 16 count intro

Side Step R, Rock Back, Recover, Turn 1/4 R, Coaster Step, Step, Step 1/2 Pivot Step, Together.

- 1 2 & Long step R to R side. Cross rock back on L behind R. Recover on to R.
- 3 Turn 1/4 R stepping back on L.
- 4 & 5 Step back on R. Step L next to R. Step forward on R.
- 6 Step forward on L.
- 7 & 8 & Step forward on R. Pivot 1/2 turn L. Step forward on R. Step L next to R.

Rock Forward, Recover, Sailor Step 1/4 Turn R, Cross 1/2 Turn L, Cross Rock, Side Step, Cross Step.

- 1 2 Rock forward on R. Recover back on to L.
- 3 & 4 Cross step R behind L. Turn 1/4 R with small step L. Step R to R side.
- 5 & 6 Cross step L over R. Turn 1/4 L Stepping back on R. Turn 1/4 L stepping L out to L side.
- 7 & Cross rock on R over L. Recover back on to L.
- 8 & Step R to R side. Cross step L over R.

Side Step R, Rock Back, Recover, Side Step L, Rock Back, Recover, Turn 1/2 L Stepping Back, Rock Back, Recover, Step, Run x 3.

- 1 2 & Long step R to R side. Cross rock back on L behind R. Recover on to R.
- 3 4 & Long step L to L side. Cross rock back on R behind L. Recover on to L.
- 5 6 & Turn 1/2 L stepping back on R. Rock back on L. Recover on to R.
- 7 Step forward on L.
- 8 & 1 Tiny run forward on R, L, R.

Pivot 1/2 Turn L, Cross Step, Diagonal Step x 2. Cross Step, Turn 1/4 L Stepping Back, Side Step L, Sway x 2

- 2 Pivot 1/2 turn L.
- 3 & 4 Cross step R over L. Step L forward to L diagonal. Step R forward to R diagonal.
- 5 & 6 Cross step L over R. Turn 1/4 L stepping back on R. Step L out to L side.
- 7 8 Sway R. Sway L.

Tag

- 1 2 & Long step R to R side. Turn 1/4 L rocking back on to L. Recover on to R.
- 3 4 & Turn 1/4 R facing 6 o'clock taking long step L. Turn 1/4 R rocking back on R. Recover on to L. Then turn 1/4 L to face the 6 o'clock wall to start the dance again.

Dance the tag at the end of wall 2 and the end of wall 6 – Facing the back wall both times.