

Gangsta's Paradise

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate / Advanced
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - April 2008
音樂: Gangsta's Paradise - Coolio



Starts on Vocal (16 Counts)

Walk, Walk, Step 1/2 Step, 1/2 , 1/4 , Cross, Rock Step, Cross, 1/4 , 1/2 , 1/4 Side.

- 1-2 Walk forward Left-Right.
- 3&4 Step forward on Left, pivot 1/2 turn to Right, step forward on Left
- 5&6 Make 1/2 turn to Left stepping back on Right, 1/4 turn to Left stepping Left to Left side, cross step Right over Left.
- &7& Rock to Left side on Left, recover on Right, cross step Left over Right.
- 8&1 Make 1/4 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left, 1/4 turn to Left stepping Right to Right side.

Rock & Side, Behind 1/4 1/4 , Behind 1/4 Step, Step, Full Turn.

- 2&3 Cross rock Left behind Right, recover on Right, step Left to Left side.
- 4&5 Cross step Right behind Left, make 1/4 turn to Left stepping forward Left, 1/4 turn to Left stepping Right to Right side.
- 6&7 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step forward Left.
- 8&1 Step forward on Right, pivot 1/2 turn to Left, make 1/2 turn to Left stepping back on Right.

Make 1/4 Turn, Behind, 1/8, 1/8, Back, Behind 1/4, 1/4, Rock & Side.

- 2-3 Make 1/4 turn to Left stepping Left to Left side, cross step Right behind Left.
- 4&5 Make 1/8 turn to Left stepping forward diagonal Left, 1/8 turn to Left stepping Right back diagonal Right, step back on Left,
- 6&7 Step back on Right (slightly behind Left) make 1/4 turn to Left stepping forward on Left, make 1/4 turn to Left stepping Right to Right side.
- 8&1 Cross Rock Left behind Right, recover on Right, step Left to Left side.

Turn 1/2 , Step, Step 1/2 Step, 1/2 , 1/4 , Rock & Knee Roll Step.

- 2-3 Make 1/2 turn to Right stepping forward on Right, step forward on Left.
- 4&5 Step forward on Right, pivot 1/2 turn to Left, step forward on Right.
- 6-7 Make 1/2 turn to Right stepping back on Left, 1/4 turn to Right stepping Right to Right side.
- 8&1 Cross rock Left behind Right, recover on Right, *R* make a small step forward & slightly out to Left side as you roll Left knee & hip out to Left.

Knee Roll Step, Step, Sailor 3/4 Cross, Rock & Kick Cross, Coaster Step.

- 2-3 Make a small step forward & slightly out to Right side as you roll Right knee & hip out to Right, step slightly back on Left pushing your butt out & chest slightly forward.
- 4&5 Cross step Right behind Left making 1/4 turn to Right, make 1/4 turn to Right stepping Left next to Right, 1/4 turn to Right cross stepping Right over Left.
- 6&7& Rock to Left side on Left, recover Right, kick Left forward, cross/lock Left over Right.
- 8&1 Step back on Right, step Left next to Right, step forward on Right.

Step, 1/2 Pivot, 1/2, 1/2, Step, Mambo Step, Sailor 1/4 Turn.

- 2-3 Step forward on Left, pivot 1/2 turn to Right.
- 4&5 Make 1/2 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right, step forward on Left.

6&7 Rock forward on Right, recover on Left, step back on Right.
8&1 Cross step Left behind Right making 1/4 turn to Left, step Right next to Left, step forward on Left (1st step of dance)

***R* Restarts:**

Wall 2 & Wall 5.. Dance up to Count 8& in Section 4 (32&) The Restart dance from beginning.

Finish dance facing front.. Dance up to mambo.. Take a big step back on mambo then drag Left to Right
