

One Night Stand

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Glynn Holt (UK) & Ross Brown (ENG) - May 2008
音樂: One Night Stand - Enrique Iglesias



Intro: 64 Counts (Approx. 29 Secs)

MONTEREY ¼ TURN, SIDE ROCK, BEHIND & CROSS, ¼ STEP, ¼ STEP

- 1-2: Point right to the right, make a ¼ turn right stepping right next to left.
3-4: Rock left to the left, recover onto right.
5&6: Cross step left behind right, step right to the right, cross step left over right.
7-8: Make a ¼ turn left stepping back with right, make a ¼ turn left stepping left to the left.

CROSS ROCK, FULL TRIPLE TURN, CROSS, SIDE, BEHIND & CROSS

- 1-2: Cross rock right over left, recover onto left.
3&4: Make a full turn right travelling to the right stepping; right, left, right.
5-6: Cross step left over right, step right to the right.
7&8: Cross step left behind right, step right to the right, cross step left over right.

Restart On wall 8 (facing 12 o'clock) restart the dance at this point.

SIDE STEP, SIDE TOUCH, SIDE STEP, SIDE TOUCH, SIDE ROCK, CROSS SHUFFLE

- 1-2: Step right to the right, touch left to the left.
3-4: Step left to the left, touch right to the right.
5-6: Rock right to the right, recover onto left.
7&8: Cross step right over left, close left up to right, cross step right over left.

TURN ¼ STEP, ½ STEP, ¼ SHUFFLE TURN, ROCK BACK, KICK BALL CROSS

- 1-2: Make a ¼ turn right stepping back with left, make a ½ turn right stepping forward with right.
3&4: Shuffle a ¼ turn right stepping; left, right, left.
5-6: Rock back with right, recover onto left.
7&8: Kick right foot forward to right diagonal, step right next to left, cross step left over right.

End of Dance. Repeat and Start Again.
