She's Going Out Of My Mind



拍數: 48 牆數: 4 級數: Intermediate Waltz

編舞者: Bill Ray (USA) & Violet Ray (USA) - May 2008

音樂: She's Going Out of My Mind - Jimmy Buffett: (CD: Riddles In The Sand)



Dedicated to our line dance students on the Big Island of Hawaii. Aloha 'oe!!

RIGHT DEVELOPE', BACK COASTER

Step forward on left, raise right foot and point forward (2 counts) 1-3 4-6 Step back on right, step left beside right, step forward on right

(RESTART here on the 4th repetition of the dance)

RIGHT TWINKLE, CROSS, RONDE'

1-3 Cross left over right, rock to right on right, recover on left

4-6 Cross right over left, ronde sweep left from back to front (1/2 circle) holding on right

CROSS, ROCK, 1/4 PIVOT LEFT, LEFT DEVELOPE'

1-3 Cross left over right, rock to right on right, turn \(\frac{1}{2} \) left stepping forward on left (9:00)

Step forward on right, raise left foot and point forward (2 counts) 4-6

BACK COASTER, ¼ TURN LEFT, ½ TURN LEFT, ¼ TURN LEFT

1-3 Step back on left, step right beside left, step forward on left (prep for turn)

4-6 Turn ¼ left stepping right on right, turn ½ left stepping left on left, turn ¼ left stepping forward

on right (9:00)

(RESTART here on the 2nd & 6th repetitions of the dance)

ROCK, RECOVER, 1/4 TURN LEFT, CROSS, 1/4 TURNS RIGHT (2X)

1-3 Rock forward on left, recover on right, turn 1/4 left stepping left on left (6:00)

4-6 Cross right over left, turn 1/4 right stepping back on left, turn 1/4 right stepping right on right

(12:00)

CROSS, RECOVER, POINT (2X)

1-3 Cross left over right, recover on right, point left to left 4-6 Cross left over right, recover on right, point left to left

CROSS, STEP RIGHT, 1/8 TURN RIGHT WITH FORWARD LUNGE, STEP BACK, 1/8 TURNS LEFT (2X), **FORWARD LUNGE**

Cross left behind right, step right on right, turn 1/8 turn right lunging diagonally forward on left 1-3

(1:30)

4-6 Step back on right, turn 1/8 turn left stepping left on left, turn 1/8 turn left lunging diagonally

forward on right (10:30)

STEP BACK, 1/8 TURNS LEFT (2X), FORWARD LUNGE, STEP BACK, 1/4 TURN LEFT, STEPS FORWARD

(2X)

1-3 Step back on left, turn 1/8 right stepping right on right, turn 1/8 turn right lunging diagonally

forward on left (1:30)

4-6 Step back on right, turn 1/4 left stepping forward on left, step forward on right (9:00)

REPEAT

RESTARTS: There are three restarts in the dance:

First restart: Dance through the 24th count of the second repetition, then restart with Count #1 Second restart: Dance through Count #48 of the third repetition, then dance the first six counts (4th repetition), then restart with Count #1
Third restart: Dance through the 24th count of the sixth repetition, then restart with Count #1