Dance The Night Away



拍數: 40 牆數: 2 級數: Beginner

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音樂: Dance the Night Away - The Mavericks: (CD: Trampoline)



Start the count when the strong beat begins. After 32 beat start the dance just before the vocal starts (Exactly 20 sec from the beginning of music)

RIGHT MAMBO, LEFT MAMBO

Step right to right, recover onto left, step right beside left, holdStep left to left, recover onto right, step left beside right, hold

STEP, PIVOT ½ TURN, STEP, FORWARD MAMBO

1-4 Step fwd on right, pivot ½ turn left and step onto left, step fwd right, hold

5-8 Step fwd on left, step back on right, step left beside right, ronde right from front to back

(Styling note for step 7 AND 8: do a breast stroke with the arms)

COASTAL STEP, LEFT SHUFFLE, SWEEP

1-4 Step back on right, step left beside right, step fwd on right, hold

5-8 Shuffle fwd left, right, left, sweep right with a ¼ turn left crossing right over left

RIGHT CHASSE, SWEEP, LEFT CHASSE

1-4 Cross chasse RLR, sweep left from back to front,

5-8 Cross chasse LRL hold

1/2 TURN LEFT, SHUFFLE BACK, 3/4 TURN RIGHT SHUFFLE ON THE SPOT

1-4 ½ turn left, shuffle back RLR facing 9 o'clock, hold

5-8 3/4 turn right shuffle on the spot LRL facing 6 o'clock, hold

Note: at count 7 your right leg should be crossed in front of your left

At the final count you will be facing the front wall, just spread your arms wide above level of your head for a nice finish.