

Words

拍數: 40 牆數: 4 級數: Easy Intermediate
編舞者: Audrey Watson (SCO) - May 2008
音樂: Words - F.R. David : (CD: Mad About The Boy)



Intro: 16 Count Intro (126BPM)

S1: SIDE ROCK, SAILOR CROSS, SIDE TOG, CHASSE.

- 1-2 Rock right to right side, recover weight on left.
- 3&4 Cross right behind left, step left to left side, step right over left.
- 5-6 Step left to left side, step right next left.
- 7&8 Step left to left side, close right next left, step left to left side.

S2: 1/4 TURN TOG, SHUFFLE BACK, REVERSE 1/2 TURN, KICK BALL STEP.

- 1-2 Turn 1/4 left stepping right to right side, step left next right.
- 3&4 Shuffle back on right, left, right.
- 5-6 Touch left toe back, turn 1/2 turn left (weight on left).
- 7&8 Kick right foot fwd, step down on right, step fwd on left.

S3: CROSS SIDE, COASTER STEP, CROSS SIDE, COASTER STEP.

- 1-2 Cross right over left, step left to left side.
- 3&4 Step back on right, step back on left, step fwd on right.
- 5-6 Cross left over right, step right to right side.
- 7&8 Step back on left, step right next left. step fwd on left.

Restart dance here from the beginning on walls 6 and 8

S4: FWD TOUCH, SHUFFLE BACK, REVERSE 1/2 TURN, 1/4 CLOSE SIDE.

- 1-2 Step fwd on right, touch left toe behind right heel.
- 3&4 Shuffle back on left, right, left.
- 5-6 Point right toe back, turn 1/2 turn right (weight on right)
- 7&8 On ball of right turn 1/4 right stepping left to l/side, close right next left, step left to l/side.

S5: BACK ROCK, 1/4 TURN SHUFFLE, FWD ROCK, SAILOR CROSS.

- 1-2 Rock right back behind left, recover fwd on left.
- 3&4 Turn 1/4 right shuffling fwd on right, left, right.
- 5-6 Rock fwd on left, recover back on right.
- 7&8 Step left behind right, step right to r/side, cross left over right.

TAG: TO BE ADDED AT THE END OF WALLS 3 AND 5

Step pivot x 2

- 1-2 Step fwd on right, pivot 1/2 turn left.
- 3-4 Step fwd on right, pivot 1/2 turn left.