

Save The World

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Alan Spence (UK) - May 2008
音樂: 4 Minutes (feat. Justin Timberlake & Timbaland) - Madonna



Intro: 16 Count Intro

Slide back right left, Point back, Reverse 1/2 Turn, 1/4 Turn Toe Strut, Behind, 1/4 Turn

- 1 Lift right heel and bend right knee then Slide Right stepping back on Right
- 2 Lift left heel and bend left knee then Slide Left stepping back on Left
- 3 Lift right heel and bend right knee then Slide Right back to Point behind
- 4 Make 1/2 Reverse Turn Right Taking weight onto Right
- 5 Touch Left Toe Forward
- 6 Make 1/4 Turn Right Bringing Left heel Down
- 7 Step Right Behind Left
- 8 Make 1/4 Turn Left Stepping Left to Left Side

Side, Behind. Side Together Point, Hitch, Point, 1/4 Turn Right, Shoulders Up Down

- 1 2 Step Right to Right Side, Step Left Behind Right
- 3 & 4 Step Right to Right Side, Step Left Beside Right, Point Right to Right Side
- 5 6 Hitch Right across front of Left, Point Right to Right Side
- 7 Make 1/4 Turn Right (Keeping weight on Left and Right Pointed Forward)
- & 8 (With arms beside body and palms raised facing down) Lift both Shoulders , Drop Both Shoulders

Together, Step 1/4 Turn, Kick and Point, Hitch Side Slide, Side Cross, 2 Bounce 1/4 Turn

- & 1 2 Step Right Beside Left, Step Left Forward, Pivot 1/4 Turn Right (Weight on Right)
- 3 & 4 Kick Left Forward, Step Left Beside Right, Point Right to Right Side
- 5 & 6 Hitch Right across front of Left, Step Right to Right Side, Slide Left beside Right
- & 7 Step Right small Step to Right Side, Step Left in Front of Right
- & 8 Make 1/4 Turn Right as you Bounce Heels Twice (Weight on Left)

Back Rock, Jazz Box 1/4 Turn, Cross, Point, Hold, Hip Bumps x 2

- 1 2 Rock Back on Right, Recover on Left
- 3 & 4 Cross Step Right over Left, Step Back on Left, Make 1/4 Turn Right Stepping Right to Right Side
- 5 6 Cross Left over Right, Point Right to Right Diagonal
- 7 & 8 Hold, Bump Hips Forward and Back (Weight on Left)

Repeat Dance, Hope you Enjoy