

Set Your Spirit Free

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Malene Jakobsen (DK) - June 2008
音樂: Angel Eyes - Tamara Walker : (Album: Wings of a Dove, Vol. 2)



Start : 32 counts from the beginning - 21 seconds into track, just before vocals
There is one easy restart on wall 8

(1-8) Step, point forward, point back, ½, shuffle ½, coaster step

- 1-2 Step forward on R, point L toes forward
- 3-4 Point L toes back, on ball of R turn ½ L – moving weight to L 06.00
- 5&6 Make ¼ turn L stepping R to R side, close L beside R, make ¼ L stepping back on R 12.00
- 7&8 Step back L, step R next to L, step forward on L

(9-16) Ball, step, point forward, point back, ½, shuffle ½, coaster step

- & Step R next to L
- 1-2 Step forward on L, point R toes forward
- 3-4 Point R toes back, on ball of L turn ½ R – moving weight to R 06.00
- 5&6 Make ¼ turn R stepping L to L side, close R beside L, make ¼ R stepping back on L 12.00
- 7&8 Step back on R, step L next to R, step forward on R

(17-24) Sways, shuffle ¼, ¼, sways, chasse

- 1-2 Step L slightly to L side swaying L, then R
- 3&4 Turn ¼ L stepping forward on L, step R next L, step forward on L 09.00

NOTE: Restart here on wall 8, you'll be facing the back wall

- 5-6 Turn ¼ L stepping R to R side swaying R, then L 06.00
- 7&8 Step R to R side, step L next to R, step R to R side

(25-32) Back rock, ¼, ½, rocking chair

- 1&2 Rock back on L, recover onto R, turn ¼ R stepping back on L 09.00
- 3-4 Turn ½ R stepping forward on R, step forward on L 03.00
- 5-6 Rock forward on R, recover onto L
- 7-8 Rock back on R, recover onto L

NOTE: When making the rocking chair, sway your hips