

Make It Snappy

拍數: 32 牆數: 4 級數: Beginner
編舞者: Bill Bader (CAN) - May 2008
音樂: Snap Your Fingers - Ronnie Milsap : (CD: Ronnie Milsap Super Hits)



Intro: 48 counts (Start with the words.)

Or Music:

The City Put The Country Back In Me by Neal McCoy;

Believe by Cher

(1-8) 4 TOE STRUTS MOVING FORWARD

- 1 Touch RIGHT toe forward
- 2 Lower RIGHT heel taking full weight onto RIGHT foot and snap (click) fingers of both hands
- 3 Touch LEFT toe forward
- 4 Lower LEFT heel taking full weight onto LEFT foot and snap (click) fingers of both hands
- 5 Touch RIGHT toe forward
- 6 Lower RIGHT heel taking full weight onto RIGHT foot and snap (click) fingers of both hands
- 7 Touch LEFT toe forward
- 8 Lower LEFT heel taking full weight onto LEFT foot and snap (click) fingers of both hands

Suggestion: Add the "snaps" after the footwork is learned.

(9-16) BACK 3 STEPS, HITCH, BACK 3 STEPS, HITCH

- 1-2-3 Step RIGHT back, Step LEFT back, Step RIGHT back
- 4 Hitch (raise up) LEFT knee
- 5-6-7 Step LEFT back, Step RIGHT back, Step LEFT back
- 8 Hitch (raise up) RIGHT knee

(17-24) ¼ TURN TO RIGHT WALL: FORWARD, TOGETHER, FORWARD, TURN 1/2 LEFT; TOWARD LEFT WALL: FORWARD, TOGETHER, FORWARD, TURN 1/2 RIGHT

- 1 Turning ¼ right Step RIGHT forward toward right wall (3:00)
- 2 Step LEFT beside Right
- 3 Step RIGHT forward
- 4 Turn on RIGHT foot 1/2 left lifting LEFT knee slightly (Now facing 9:00 wall = left starting wall)
- 5-6-7 Step LEFT forward, Step RIGHT beside Left, Step LEFT forward
- 8 Turn on LEFT foot 1/2 right lifting RIGHT knee slightly (returning to face 3:00 wall)

(25-32) TOWARD RIGHT WALL: FORWARD, TOGETHER, FORWARD, TURN 1/2 LEFT; TOWARD LEFT WALL: FORWARD, TOGETHER, FORWARD, SCUFF

- 1-2-3 Step RIGHT forward (toward right wall = 3:00), Step LEFT beside Right, Step RIGHT forward
- 4 Turn on RIGHT foot 1/2 left lifting LEFT knee slightly (Now facing 9:00 wall = left starting wall)
- 5-6-7 Step LEFT forward, Step RIGHT beside Left, Step LEFT forward
- 8 Scuff RIGHT heel forward. Dance ends facing 9:00 wall (one wall left of starting wall).

I like to use this dance to introduce line dancing to total novices, so I use the slow song above.

For advanced beginners, I would use a faster song up to 150 bpm like "The City Put The Country Back In Me" by Neal McCoy, or "Believe" by Cher.