

Slotting

拍數: 32 牆數: 4 級數: Improver
編舞者: Niels Poulsen (DK) - May 2008
音樂: Monkey Around - Travis Tritt : (CD: My Honky Tonk History)



Intro: Travis Tritt track: 16 counts from first beat (app. 10 seconds into track).

Non-country: Everybody got their something by Nikki Costa – Album 'Everybody got their something'.

Nikki Costa track: 32 counts from first beat (app. 18 secs. intro track)

(1 – 8) WALK R, WALK L, R ANCHOR STEP, WALK BACK L, WALK BACK R, L COASTER STEP

1 – 2 Walk Fw R, Walk Fw L [12:00]
3&4 Close R Behind L, Change Weight To L, Step R Slightly Backwards [12:00]
5 – 6 Walk Back L, Walk Back R [12:00]
7&8 Step Back On L, Bring R Next To L, Step Fw L [12:00]

(9 – 16) STEP FW R, ¼ L, CROSS SHUFFLE, L SIDE ROCK, L SAILOR FW

1 – 2 Step Fw R, Turn ¼ L Changing Weight To L [09:00]
3&4 Cross R Over L, Step L Small Step To L Side, Cross R Over L [09:00]
5 – 6 Rock L To L Side, Recover Weight To R [09:00]
7&8 Cross L Behind R, Step R Small Step To R Side, Step Fw On L [09:00]

(17 – 24) ROCK FW R, SHUFFLE ½ R, ROCK FW, L COASTER STEP

1 – 2 Rock Fw On R, Recover Weight To L [09:00]
3&4 Turn ¼ R Stepping R To R Side, Bring L Next To R, Turn ¼ R Stepping Fw On R [03:00]
5 – 6 Rock Fw On L, Recover Weight To R [03:00]
7&8 Step Back On L, Bring R Next To L, Step Fw L [03:00]

(25 – 32) STEP FW R, ½ L, SHUFFLE FW R, ROCK FW L, & BRING L NEXT R, BACK ROCK

1 – 2 Step Fw R, Turn ½ L Changing Weight To L [09:00]
3&4 Step Fw On R, Bring L Next To R, Step Fw On R [09:00]
5 – 6 Rock Fw L, Recover Weight Back To R [09:00]
&7 – 8 Bring L Next To R, Rock Back On R, Recover Weight To L Foot [09:00]

Begin Again!