

# Hurt

**COPPER KNOB**  
STEPPERS

拍數: 48      牆數: 0      級數: Intermediate  
編舞者: Martijn Schoon (NL) - June 2008  
音樂: I Don't Wanna Hurt No More - Anouk : (CD: Who's Your Momma)



Intro: 16 count

## POINT L, CROSS, UNWIND, SIDE, CROSS SHUFFLE, SIDE, ½ TURN L

- 1-2      LF touch to L-side, LF cross over RF
- 3-4      unwind full turn R, RF step to R-side
- 5&6      L-cross shuffle
- 7-8      RF step to R-side, turn ½ L, LF step to L-side

## ½ PIVOT TURN X2, CROSS SHUFFLE, SIDE, ½ TURN R

- 1-2      RF step forw, turn ¼ L
- 3-4      RF step forw, turn ¼ L
- 5&6      R-cross shuffle
- 7-8      LF step to L-side, ½ turn R, RF step to R-side

**TAG: in wall 5**

## ¼ TURN L, CROSS BACK ROCK, CHASSE R, CROSS BACK ROCK, ¼ TURN L

- 1      turn ¼ L, LF step to L-side
- 2-3      RF rock behind LF, recover L
- 4&5      chasse R
- 6-7      LF rock behind RF, recover R
- 8      turn ¼ L LF step forw

## ½ TURN L, ¼ TURN L, CROSS, POINT R&L, TOUCH BEHIND, ½ TURN R

- 1-2      ½ turn L RF step to R-side, ¼ turn L, LF step to L-side
- 3-4      RF cross over LF, LF point to L-side
- 5-6      LF cross over RF, RF point to R-side
- 7-8      RF touch behind LF, turn ½ R

## sway L.R, BEHIND, SIDE, CROSS, SWAY R,L, BEHIND, SIDE, FORW

- 1-2      LF small step L sway L.R
- 3&4      LF behind RF, RF step to R-side, LF cross over RF
- 5-6      RF small step R sway R.L
- 7&8      RF behind LF, LV step to L-side, RF step forw

**RESTART here in second wall**

## ½ TURN L, ¼ TURN L, BACK ROCK WITH ¼ TURN L, WALK X2, POINT R, STEP

- 1-2      ½ turn L LF step forw, ¼ turn L RF step to R-side
- 3&4      LF rock behind RF, recover ¼ turn L, LF step forw.
- 5-6      walk forw R.L.
- 7-8      RF touch to R-side, RF step forw

**TAG: on the 5th wall after section 2**

- 1-2      LF step forw, turn ½ R
- 3-4      LF step forw, turn ½ R
- 5-6      sway L.R

**RESTART: in the second wall after section 5**

**FINISH: LF touch to L-side, LF cross over RF unwind very slow to the front wall  $\frac{3}{4}$  turn R**

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