La Cumbia De Antonio



拍數: 24 牆數: 2 級數: Improver

編舞者: Unknown - June 2008

音樂: A Que Mueves Tus Caderas - La Chuzma



Step sheet by Anthony Bures, Don Curran, Elsa Campbell

Apart, Cross Front, Apart, Cross Behind, Together;

Heel Swivels Twice, Chug 1/4 Left With Right Touching Right Twice, Right Heel, Right To Right Side

1&2&3 Jump feet apart, jump crossing right over left, jump feet apart, jump right crossing behind left,

jump feet together

4&5& Swivel heels right, left, right, center (weight to left)

6-7 Turn ¼ left and touch right to side, turn ¼ left and touch right to side (6:00)

8& Touch right heel forward, step right to side

Left Together, Right To Side, Touch Left, Left Side, Right Together, Left To Left Side, Spiral Right ½

Triple Forward Touching Instep Of Left To Right Heel Touch Left, Step Left Back, Touch Right Toe In Front Of Left, Step Right Forward, Pivot Half Left

1&2 Step left together, step right to side, touch left together

Step left to side, step right together, step left to side, ½ turn spiral to right leaving weight on

left

5&6 Step right forward, lock left behind right, step right forward

&7&8& Touch left behind right, step left back, touch right toe in front of left, step right forward, turn ½

left (weight to left)

Triple Forward Touching Instep Of Left To Right Heel, Hitch/Swivel, Back, Ronde, Right Back

Touch Left In Front Of Right, Forward Left, Touch Right Together, Right Forward, Hitch/Swivel, Back, Ronde, Right Back, Step Left Next Right

1&2 Step right forward, lock left behind right, step right forward

&3&4 Hitch left knee hooking left behind right knee with slight swivel to the right, step left back,

ronde right out to right and behind left, step down on right

&5&6 Touch left toe in front of right bending left knee, step left forward, touch right together, step

right forward

&7&8& Hitch left knee hooking left behind right knee with slight swivel to the right, step left back,

ronde right out to right and behind left, step down on right, step left together

Repeat