

The Healing Side

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate / Advanced
編舞者: Karen Jennings (AUS) - June 2008
音樂: Healing Side - SHeDAISY : (CD: Fortune Teller's Melody - 4:19)



Dance Starts: 16 Count Intro (From When The Beat Kicks In)

(1-8) Side Rock, Replace, Cross Shuffle, ¼ Step Back, Step Side, Cross Shuffle

1,2,3&4 Rock R to R Side, Replace wt L, Cross Step R over L, Step L to L Side, Cross Step R over L
5,6,7&8 Turning 90° R Step back on L, Step R to R Side, Cross Step L over R, Step R to R Side,
Cross Step L over R (3.00)

(9-16) Side Rock, Replace, Cross Shuffle, ¼ Step Back, Step Side, Cross Samba

1,2,3&4 Rock R to R Side, Replace wt L, Cross Step R over L, Step L to L Side, Cross Step R over L
5,6,7&8 Turning 90° R Step Back on L, Step R to R Side, Cross Step L over R, Step R to R Side,
Step L to L Side (6.00)

(17-24) Cross Step, Step Side, Sailor Step, Step Across, ¼ Step Back, ½ Turn Shuffle Fwd

1,2,3&4 Cross Step R over L, Step L to L Side, Step R Behind L, Step L to L Side, Step R to R Side
5,6,7&8 Cross Step L over R, Turning 90° L Step Back on R, Turning 180° L Shuffle Fwd Stepping L,
R, L (9.00)

(25-32) Step Fwd, ½ Pivot, Full Turn Fwd, Rock Fwd, Replace, Coaster Step

1,2,3&4 Step R Fwd, 180° Pivot L (ending wt on L), Full Turn Fwd Over R Stepping R, L, R **
5,6,7&8 Rock Fwd L, Replace wt R, Step Back on L, Step R Beside L, Step Fwd L (3.00)

(33-40) Rock Fwd, Replace, Cross Shuffle Back, ½ Step Fwd, ¼ Step Side, Sailor Step

1,2,3&4 Rock Fwd R, Replace wt L, Cross Shuffle Travelling Back Stepping R, L, R
5,6,7&8 Turning 180° L Step Fwd L, Turning 90° L Step R to R Side, Step L Behind R, Step R to R
Side, Step L to L Side (6.00)

(41-48) ¼ Sailor Step, Step Fwd, ¼ Pivot, Step Across, ¼ Turn, ¼ Turn, Step Across, Step Side

1&2,3,4 Step R Behind L, Turning 90° R Step L Fwd, Step R to R Side, Step L Fwd, 90° Pivot R
(ending wt on R)
5&6,7,8 Cross Step L over R, Turning 90° L Step Back on R, Turning 90° L Step L to L Side, Cross
Step R over L, Step L to L Side (6.00)

(49-56) Cross Rock, Replace, 1 ¼ Turn, Step Fwd, ½ Pivot, Shuffle Fwd

1,2,3&4 Cross Rock R over L, Replace wt on L, 1 ¼ Turn R Travelling R Stepping R,L,R
5,6,7&8 Step L Fwd, 180° Pivot R (ending wt on R), Shuffle Fwd Stepping L,R,L (3.00)

(57-64) Side Rock, Replace, Behind, Side, Cross, Side Rock, Replace, Behind, Side, Cross

1,2,3&4 Rock R to R Side, Replace wt on L, Step R Behind L, Step L to L Side, Cross Step R Over L
5,6,7&8 Rock L to L Side, Replace wt on R, Step L Behind R, Step R to R Side, Cross Step L Over R
(3.00)

Restart Dance

TAG: At the END of Wall 2, add the following

(1-8) Rock Fwd, Replace, ½ Shuffle Fwd, Step Fwd, ½ Pivot, Shuffle Fwd

1,2,3&4 Rock R Fwd, Replace wt on L, Turning 180° R Shuffle Fwd Stepping R,L,R
5,6,7&8 Step Fwd L, 180° Pivot R (ending wt on R), Shuffle Fwd Stepping L,R,L (6.00)

FINISH: On Wall 6, Dance To Count 28 **, Then Add The Following To Finish At The Front

1,2,3,4 Step Fwd L, 180° Pivot R (ending wt on R), Step L Fwd, Drag R up to L (12.00)

