Serious 2008

拍數: 32

級數: Intermediate

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Start 16 counts after main beat, on the word "trophy" (30 counts from start of track)

(1-8) Forward, Quarter, Behind & Quarter, Turn, Sweep, Behind Side Cross

牆數:4

- Step Right forward; Make 1/4 turn right and step Left to left side (3:00) 1.2
- 3&4 Step ball of Right behind left; & Step Left in place; Make 1/4 turn right and step Right forward (6:00)
- As you turn (in place, on the spot) 1/2 turn right, bring Left next to right (3rd position); Continue 5,6 another 1/4 turn right, extending leg and sweeping Right from front to back (3:00)
- Step Right behind left; & Step Left to left side; Step Right across (in front of) left (3:00) 7&8

(9-16) Side, Rock, Behind Side Cross & Cross, Quarter, Step Pivot Step

- 1,2 Rock Left to left side; Recover to right (3:00)
- 3&4 Step Left behind right; & Step Right to right side; Step Left across (in front of) right (3:00)
- & Step ball of Right foot slightly to right; Step Left across (in front of) right; Make 1/4 turn right &5,6 and step Right forward (6:00)
- 7&8 Step Left forward; & ¹/₂ pivot right; Step Left forward (12:00)

(17-24) Half, Quarter, Cross Back Back, Back Together Quarter, Walk, Walk

- 1,2 Make ¹/₂ turn left and step Right back; Make ¹/₄ turn left and step Left to left side (3:00)
- 3&4 Step Right across (in front of) left; & Step Left back; Step Right back (3:00)
- 5&6 Step Left back: & Step Right next to left (open slightly to right so next step is easier); Make 1/4 turn right and step Left forward (6:00)
- 7,8 Walk forward Right; Walk forward Left (6:00)

(25-32) Rock & Half, Triple Full Turn, Shuffle Forward, Quarter Turn Cross

- 1&2 Rock Right forward; & Recover to Left; Make ¹/₂ turn right and step Right forward (12:00)
- 3&4 Make ¹/₂ turn right and step Left back; & Make ¹/₂ turn right and step Right forward; Step Left forward (12:00)
- 5&6 Step Right forward; & Step Left together; Step Right forward (12:00)
- Step Left forward; & 1/4 pivot right; Step Left forward (slightly across right) (3:00) 7&8

Start again and enjoy!