If I Could



拍數: 32 牆數: 4 級數: Improver

編舞者: DJ Dan (NL) & Wynette Miller (NL) - July 2008

音樂: If I Could - Sunny Sweeney: (CD: Heartbreaker's Hall Of Fame)



Intro 16 counts.

TOE / HEEL TOUCHES, TRIPLE STEP; TOE / HEEL TOUCHES, TRIPLE STEP

1-2	Touch Right toe next to Left instep. Touch Right heel next to Left instep.

3&4 Triple step on the spot Right, Left, Right.

5-6 Touch Left toe next to Right instep. Touch Left heel next to Right instep.

7&8 Triple step on the spot Left, Right, Left.

TWO SHUFFLES FORWARD; STEP-1/2 PIVOT TURN LEFT, STOMP, STOMP

1&2	Shuffle forward stepping Right, Left, Right.
3&4	Shuffle forward stepping Left, Right, Left.
5-6	Step Right forward. Pivot 1/2 turn Left. [6]

7-8 Stomp Right next to Left. Stomp Left next to Right.

Option: 7 Stomp Right next to Left. & Clap hands. 8 Stomp Left next to Right. & Clap hands.

SIDE, BEHIND, HEEL JACK & CROSS, Right & Left

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1-2	Step Right to right side. Cross Left behind Right
&3	Step Right next to Left. Touch Left heel forward to left diagonal
&4	Step Left next to Right. Cross Right over Left
5-6	Step Left to left side. Cross Right behind Left
&7	Step Left next to Right. Touch Right heel forward to right diagonal
&8	Step Right next to Left. Cross Left over Right

SHUFFLE FWD, STEP-1/2 PIVOT TURN R.; SHUFFLE FWD, STEP-1/4 PIVOT TURN L.

1&2	Shuffle forward stepping Right, Left, Right.
3-4	Step Left forward. Pivot 1/2 turn right. [12]
5&6	Shuffle forward stepping Left, Right, Left.
7-8	Step Right forward. Pivot 1/4 turn left. [9]

Begin again and have fun.