

# 1 In 7

拍數: 64                      牆數: 2                      級數: Intermediate  
編舞者: Harry Seddon (UK) - August 2008  
音樂: Saturday Night - Sandi Thom : (CD: The Pink & the Lily)



Count in: 32 beats.

This is a 2 wall dance but changes to side walls after the restart.

There are easy TAGS at the END of walls 1, 2, 3, and a RESTART DURING wall 5.

## Section 1: Kick Ball Step, Step. X 2.

1-4                      Kick right fwd, step right alongside left, step left fwd, step right fwd.  
5-8                      Kick left fwd, step left alongside right, step right fwd, step left fwd. (12.00)

## Section 2: Step, ½ Pivot Left, Step, Hold. Sailor ½ Turn Left, Hold.

1, 2, 3, 4              Step fwd onto right, ½ pivot turn left, step fwd onto right, hold.  
5, 6, 7, 8              Cross left behind right making ½ turn left, step right to right side, step left to left side, hold.  
(12.00)

## Section 3: Slow Locking Shuffle Fwd on Right Diagonal with ½ Turn Right & Flick. Slow Locking Shuffle Fwd on Diagonal with 3/8 Turn Left & Flick

1, 2, 3, 4              Step fwd onto right on right diagonal, lock step left behind right, step fwd onto right, make ½ turn right on ball of right flicking left backwards. (7.30)  
5, 6, 7, 8              Step fwd onto left still on diagonal, lock step right behind left, step fwd onto left, make 3/8 turn left on ball of left flicking right backwards. (3.00)

## Section 4: Slow Coaster Step, Hold. Slow Fwd Shuffle, Hold.

1, 2, 3, 4              Step back onto right, step left alongside right, step fwd onto right, hold.  
5, 6, 7, 8              Step fwd onto left, step right alongside left, step fwd onto left, hold

## Section 5: Handbag Steps Describing a Full Turn Box.

1, 2, 3, 4              Turn ¼ left stepping back onto right, touch left alongside right, turn ¼ left stepping fwd onto left, touch right alongside left (9.00)  
5, 6, 7, 8              Repeat steps 1 – 4. (3.00)

**RESTART Here: DURING Wall 5, (3.00). Now Dancing Facing Side Walls**

## Section 6: Triple Full Turn Left, Point. Triple Full Turn Right, Point.

1, 2, 3, 4              Triple full turn left on the spot (R, L, R), Point left to left side.  
5, 6, 7, 8              Triple full turn right on the spot (L, R, L), Point right to right side.

## Section 7: Cross, ¼ Turn Right x 2, Hold. Slow Samba ¼ Turn Left, Hold.

1, 2, 3, 4              Cross step right over left, turn ¼ right stepping back onto left, turn ¼ right stepping right to right side, hold (9.00)  
5, 6, 7, 8              Cross step left over right, Turn ¼ left stepping right to right side, step left to left side, hold.  
(6.00)

## Section 8: Step ½ Pivot x 2. Fwd Heel Steps x 2. Step Back, Together.

1, 2, 3, 4              Step fwd on right, ½ pivot turn left, step fwd on right ½ pivot turn left, (weight on left).  
5, 6, 7, 8              Step fwd onto right heel on slight right diagonal, step fwd onto left heel on slight left diagonal, step back onto right, step left alongside right. (6.00)

TAG

**Right Jazz Box.**

1, 2, 3, 4      Cross step right over left, step back onto left, step right to right to right side, step left alongside right.

**End of Wall 1. Dance tag ONCE, (4 counts).**

**End of Wall 2. Dance tag TWICE, (8 counts).**

**End of Wall 3. Dance tag ONCE, (4 counts).**

**RESTART: AFTER count 40 DURING wall 5. You are now dancing facing the side walls.**

**Ending: Dance ends on count 57 DURING wall 7. Replace the 'step fwd onto right', with turn  $\frac{1}{4}$  left stepping right to right side, to finish facing the front with a flourish.**

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