Sting Me

COPPER KNOE

拍數: 32

級數: Intermediate

編舞者: Pam Leader (USA) & Raymond Crum - August 2008

音樂: Sweet the Sting - Tori Amos : (CD: Beekeeper)

牆數: 4



Intro: Start dance 16 counts into the song (at the start of the lyrics)

- 1,2 Step L forward, Step R forward
- &3 Step L forward into a ¼ turn right, Cross R over L
- 4,5 Step L next to R, sweep R into a ¼ turn to R
- 6&7 Step R behind L into ¼ turn right, Step L to left side, Step R forward
- 8&1 Step L forward, Step R forward**, Step L forward (9:00)

Pivot ½ Left, Shuffle To Right With ¼ Turn Left, Rock Back Recover, Rock Back Recover

- 2,3 Step R forward, Pivot ½ turn L (3:00)
- 4&5 1/4 turn to left and Step R to right side, Step L beside R, Step R to right side
- 6&7& R ock L behind R, recover R , Rock L to left side, recover R
- 8&1 Rock L behind R, recover R , Step L forward (12:00)

Walk R, L, Anchor Step, 1/2 Turn Left, 1/2 Turn Left, Out L, Out R

- 2,3 Step R forward, Step L forward
- 4&5 Step R behind L, Recover L, Step R behind L
- 6,7 ¹/₂ turn L on L to the back (6:00), ¹/₂ turn L on R to the back (12:00)
- &8 Step L to left side, Step R to right side

Step L, Cross R, Hold, And Cross, Hold, And Cross, And Cross, Step, R Heel, Recover, Walk L,R (This 8 counts will make a ¾ turn to the right total - best described as going around a pole)

- &1,2 Step L beside R, Cross R over L slightly angling body to the R, Hold (2:00)
- &3,4 Step L beside R, Cross R over L slightly angling body to the R, Hold (5:00)
- &5 Step L beside R, Cross R over L slightly angling body to the R (7:00)
- &6 Step L beside R, Cross R over L slightly angling body to the R (9:00)
- &7 Step L beside R, R Heel diagonally forward,
- &8& Step R besid e L, Step L forward, Step R forward (9:00)

End of dance

** RESTART: After 8& count of Section 1 of Wall 5