So Dangerous

拍數: 32

Intro: 32 Count

級數: Improver

編舞者: Maria Maag (DK) - August 2008

音樂: Dangerous (feat. Wyclef Jean) - Ying Yang Twins

(1-8) Side Step	, Cross Rock, Chasse L, Step 1/2 Turn L, Roll Knee R, L.
1-2-3	side step R to R, cross rock L over R, recover on R
4&5	step L to L, R beside L, L to side
6-7	step forward on R and make a 1/2 turn L, step forward L
8&	roll R knee to R, roll L knee to L
(9-16) Step 1/4 1-2-3 4&5	Turn L, Shuffle Forward, Rock, Coaster step forward R, make 1/4 turn L over 2 counts, weight ends on L step forward R, L beside R, step forward R

- 6-7 rock forward L, recover on R
- 8& step back on L, step R beside L

(17-24) Heel Bounces, Coaster, Step Out Out, Coaster

- step forward L, bounce R and L heel 1/4 turn R, bounce R and L heel 1/4 turn R 1-2-3
- 4&5 step back R, step L beside R, step forward R
- 6-7 scate L, scate R
- 8& step back on L, step R beside L

(25-32) Heel Taps, Rock And Heel Tap, 1/4 Turn L, Chasse R

- 1-2-3 step forward L, tap R heel infront of L twice
- 4&5 rock R to side, recover to L, tap R heel infront of L
- 6-7 rock R to side, recover and make a 1/4 turn L and step forward on L
- 8& step R to side, step L next to R

Ending: Wall 14, do the first 23 counts of the dance. After scate L and R on count 22 and 23, you make a 1/4 turn L on ball of your R foot and run forward on L, R, L.

ENJOY...





牆數: 2