Home Sweet Home

拍數: 32

級數: Intermediate

編舞者: William Sevone (UK) - August 2008

音樂: Sweet Home Alabama - Lynyrd Skynyrd

Dance starts on the vocals with feet together and weight on the left foot.

Choreographers note:- The second section may prove tricky, the first few times around.

Or Music: "All summer long" (104 bpm). Kid Rock

The Kid Rock alternative music is very similar to the Choreographed music - other than being slightly faster and phrased. The phrasing will not effect the rhythm of the dance.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Side Touch-Together x2. Side Foot Switch. 1/4 Right Hitch. Step (3:00)

- 1 2 Touch left toe to left side. Step left next to right.
- 3 4 Touch right toe to right side. Step right next to I eft.
- 5& 6 Touch left toe to left side, step left next to right, touch right toe to right side.
- 7 8 Hitching right knee - turn 1/4 right (3). Step right foot down - slightly back.

Fwd. 1/2 Right. Hitch 1/2 Right. Reverse Cross Shuffle. Side Rock. Rock (3:00)

- 9 10 Step forward onto left. Pivot $\frac{1}{2}$ right (weight on right) (9).
- 11 12 Hitch left knee & turn ¼ left. Continue turn to complete ½ left - knee still in hitched position (3).
- 13& 14 Step left foot behind right, step right foot next to left, step left foot to right side.
- 15 16 Rock right foot to right side. Recover onto left.

Turn 3/4 Right Fwd. Fwd. Cross. Bwd. Jump-Together-1/2 Left. 2x Tap (6:00)

- 17 18 Turn ³/₄ right & step forward onto right. Step forward onto left.
- 19 20 Cross right over left. Step backward onto left.
- Jump feet apart, jump together crossing right over left, unwind 1/2 left (weight on left) (6) 21& 22
- 23 24 With upper body leaning slightly to left - Tap right foot to floor twice.

Side. Behind. Vaudeville-Cross. Side. Behind. Vaudeville-Touch (3:00)

- 25 26 Step right to right. Step left behind right.
- &27&28 Step right next to left, touch left heel (diag) forward, step left next to right, cross right over left.
- Step left to left. Step right behind left. 29 - 30
- &31&32 Step left next to right, touch right heel (diag) forward, step right next to left, turning 1/4 left touch left next to right.





牆數:4