

# Makin It Hard For Me

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Nancy Morgan (USA) - August 2008  
音樂: Too Close - Next : (CD: Rated Next)



**Start: 32 Counts from when he starts singing**

**Or Music: One Step at a Time by Jordin Sparks, 102bpm, Start: 16 Counts from when she starts singing**

**Or Country Song: Chance of a Lifetime by Brooks and Dunn, CD: Cowboy Town, 102bpm, Start: When they start singing**

## **Walk, Walk, Side Rock, Behind, Side, Cross, Step, Behind, Side**

- 1,2      Walk forward - Right, Left
- 3,4      Side Rock Right to Right side and return weight to Left
- 5&6      Step Right behind Left, step Left to Left side, cross Right over Left
- 7      Step Left to Left side
- 8&      Step Right behind Left, step Left to Left side

## **Touch, Touch To Side, ¼ Turn Touch To R, Step ¼ Turn To R, Kick And Kick And Rodae ¼ Turn To L**

- 1      Touch Right next to Left
- 2      Touch Right out to Right side
- 3      Touch Right out to Right side as you turn ¼ turn to Right (yes, backwards)
- 4      Step Right next to Left ¼ turn to Right
- &5&6      With Knees locked in place – Kick Left forward, step Left next to Right, Kick Right forward, step Right next to Left
- 7,8      Drag Left toes in a semi circle as you turn ¼ turn to your Left, step Left next to Right

## **Hop Forward, Hop Back, Hop Forward, Turn Head To R And Back, Step Forward, Together, Twist R Heel Out And Back, Twist L Heel Out And Back**

- &1      Hop Forward – Right, Left
- &2      Hop Back – Right-Left
- &3      Hop Forward – Right, Left
- &4      Turn Head to Right as you shrug your shoulders up, Turn head back to front as you let your shoulders drop back to normal
- 5,6      Walk Forward – Right, Left
- &7      Lift Right heel off of floor and twist ball of Right foot so that heel moves to the Right and back
- &8      Lift Left heel off of floor and twist ball of Left foot so that heel moves to the Left and back

## **Charleston Back, Step Forward, Shuffle Forward, ½ Turn Pivot, ¼ Turn Pivot**

- &1      Get on both balls of feet, twist both heels out, as you step Right foot back twist both heels in
- &2      Twist both heel out, step forward on Right
- 3&4      Shuffle Forward – Left, Right, Left
- 5,6      Step forward Right, pivot ½ turn to Left
- 7,8      Step back on Right ½ turn to Left, step forward ½ turn to Left

**Begin Again!**

**FOR “ONE STEP AT A TIME” ONLY: There is 2 restarts**

**At the 4th wall, do your FIRST 16 counts, then start again.**

**Count 5 MORE walls AFTER you have done the above restart, that will be your 2nd restart.**

Dance 2 MORE walls and you are done!

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