

Amarula

拍數: 32 牆數: 4 級數: Improver
編舞者: Monica Granquist (SWE) & Kjell Granquist (SWE) - August 2008
音樂: Amarula Tree - Amanda Jensen



Chasse Right, Back Rock, Chasse Left, Back Rock

1&2 Step right to side, step left beside right, step right to side
3-4 Rock left back, rock forward on right
5&6 Step left to side, step right beside left, step left to side
7-8 Rock right back, rock forward on left

Pivot ½ Turn Left, Right Shuffle, Forward Rock, Left Coaster Cross

1-2 Step forward on right, pivot ½ turn left
3&4 Right shuffle forward, stepping right, left, right
5-6 Rock forward on left, rock right back
7&8 Step left back, step right beside left, cross left over right

¼ Turn, Clap ½ Turn, Clap, Step Pivot ½, Ball Step, Hold, Clap

1-2 Make ¼ turn left, step right back, clap
3-4 Make ½ turn left, step forward on left, clap
5-6 Step forward on right, pivot ½ turn left, (weight on left)
&7-8 Step right beside left, step left forward, hold, clap

Rocking Chair, Jazz Box ¼ Turn

1-2 Rock forward on right, rock left back
3-4 Rock right back, rock forward on left
5-6 Cross right over left, step left back
7-8 Step ¼ turn to right, step left beside right

Repeat

TAG: On wall 4 AFTER 24 counts

Rocking Chair, Paddle Turn ¼ (Twice)

1-2 Rock forward on right, rock left back
3-4 Rock right back, rock forward on left
5-6 Step forward on right, pivot ¼ turn left (weight on left)
7-8 Step forward on right, pivot ¼ turn left (weight on left)

Rocking Chair, Paddle Turn ¼ (Twice)

1-2 Rock forward on right, rock left back
3-4 Rock right back, rock forward on left
5-6 Step forward on right, pivot ¼ turn left (weight on left)
7-8 Step forward on right, pivot ¼ turn left (weight on left)

Hip Bump (X4)

1-4 Right, left, right, left

Now restart the dance from the beginning
