You Needed Me

級數: Improver

編舞者: Diana Bishop (AUS) - August 2008 音樂: You Needed Me - Boyzone

牆數:2

Start on the words "I Cried A Tear"

1,2,3,4,5&6 Sweep R foot out to R side, sweep to front R & step onto it

Sweep L foot out to L side, sweep to front L & step onto it

Cross R over L, step L next to R, step R next to L (Cha cha cha)

1,2,3,4,5&6 Sweep L foot out to L side, sweep to front L & step onto it

Sweep R foot out to R side, sweep to front R & step onto it

Cross L over R, step R next to L, step L next to R (Cha cha cha)

** (Finish: step L fwd turn 1/2 to R, step R fwd step L next to R)

1,2,3&4&5&6

Sweep R over L & step on it, slide L to L, step R behind L, push weight onto L,

step R to R, push weight on to L, step R behind L, push weight onto L,

step R to R side (L stays in place R doing all the work)

1,2,3&4&5&6

Sweep L over R & step on it, slide R to R, step L behind R, push weight onto R,

step L to L, push weight on to R, step L behind R, push weight onto R,

step L to L side (R stays in place L doing all the work)

1,2,3&4,5,6,7&8 Step R fwd, slow 1/2 turn to L, turn 1/2 to L, pivoting on ball of L foot,

step back on R, turning 1/2 to L, pivoting 1/2 on ball of R foot step L foot fwd,

step R fwd or (just shuffle fwd on R-L-R)

1,2,3&4 Rock to L onto L, slow rock onto R to R, cross shuffle to R on L-R-L or (full turn to R starting with L over R)

(36) Beats TO** (Finish: step L fwd, turn 1/2 to R, step R fwd, step L next to R)





拍數: 36