

# You Are Hot

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 24      牆數: 4      級數: Beginner  
編舞者: Marie-Theres Dorner (AUT) - September 2008  
音樂: Under My Skin - Sarah Connor



## Intro: 8 Counts

### Walk, Walk, Lock, Step, Step, Sailor Step, Sailor Step with ¼ Turn

1-2            RF step fwd., LF step fwd  
&3-4          RF lock behind LF, LF Step fwd., RF step to the right side  
5&6          LF cross behind RF, RF step side right, LF step side right  
7&8          RF cross behind LF, LF step to the left side with a ¼ to the right, RF step side right (3:00)

### Behind, Side, Cross, Scuff, Touch, Knee In, Knee Out, Bodyroll

1&2          LF cross behind RF, RF step to the right side, LF cross over RF  
3-4          RF scuff, RF touch to the right side and Knee out  
5-6          RF turn Knee in, RF turn Knee out and look at (6:00)  
7-8          Bodyroll

### Behind, Side, Cross, Mambo Step, Together, Mambo Cross, Hold, Full Turn

1&2          RF cross behind LF, LF step to the left side, RF cross over LF  
3&4          LF step to the left side, Weight change on the RF, LF step together  
5&6          RF step to the right side, Weight change on the LF, RF cross over LF, hold  
7-8          Full turn over left shoulder (at the end weight on the LF)

**Start again and have fun!**

**DANCE AND FEEL IT!**

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