Give It A Try

拍數: 32

級數: Intermediate

編舞者: Scott Schrank (USA) - September 2008

音樂: Our Love - Gwen Guthrie : (CD: Hot Times)

Cross-Ball-Step, Cross-Ball-Step, Cross, Back, Arc-Step-Turn

- 1&2 Cross left over right, step right back and slightly side, step left diagonally forward (rise on ball of right)
- 3&4 Cross right over left, step left back and slightly side, step right diagonally forward (rise on ball of left)
- 5-6 Cross left over right, step right slightly back
- 7&8 Curving left, make a ¹/₂ turn left stepping left, right, left (6:00)

Side-Together-Back, Side-Together-Cross, Side & Back & Side-Behind-Turn

- 1&2 Step right to side, step left together, step right back
- 3&4 Step left to side, step right together, cross left over right
- 5&6& Turn ¼ left and rock right to side, recover to left, rock right behind left, recover to left (3:00)
- 7&8 Step right to side, cross left behind right, turn ¼ right and step right forward (6:00)

Mambo Front, Back-Together-Cross, Point, Behind, ¾ Turn-Step

- 1&2 Rock left forward, recover to right, step left together
- 3&4 Step right back, step left slightly back, cross right over left
- 5-6 Touch left to side (turning upper body right), touch left back (turning upper body left)

Styling: hands should follow body movement with finger snaps

7&8 Turn ¼ right and step left back, turn ½ right and step right forward, step left forward (3:00)

Mambo Front, Side-Together-Step, Pivot Turn, Step-Lock-Step

- 1&2 Rock right forward, recover to left, step right together
- 3&4 Step left to side, step right together, step left forward (3:00)
- 5-6 Step right forward, turn ½ left (weight to left)
- 7&8 Step forward right, lock left behind right, step right forward (9:00)

Repeat





牆數:4