

# You're My History

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Dougie D (UK) - September 2008  
音樂: Whole Lotta History - Girls Aloud



The music starts in ballad style for approx' 20 seconds, then beat kicks in, start dance then.

**Step fwd on left, sweep right over left, step back on left, rock back on right, full turn left.**

- 1-2            step fwd on left, sweep right across left,
- 3-4            step right across left, (continuation of sweep) step back on left,
- 5-6            rock back on right, recover on left,
- 7-8            step fwd on right, pivot 1/2 turn left, step back on left, pivot 1/2 turn left,

**Half turn left, cross mambos (travelling fwd)x2, stepfwd, 1/2 turn left.**

- 1-2            step fwd on right, pivot 1/2 turn left.
- 3&4            cross right over left, step left beside right, step right in place, (travelling fwd),
- 5&6            cross left over right, step right beside left, step left in place, (travelling fwd)
- 7-8            step fwd on right, pivot 1/2 turn left,

**Shuffle fwd x2, syncopated weave left**

- 1&2            shuffle fwd, stepping right, left, right,
- 3&4            shuffle fwd, stepping left, right, left,
- 5-6            cross right over left, step left to left side,
- 7&8            cross right behind left, step left to left side, cross right over left,

**Rock left, recover on right, left behind right, step to right with 1/4 turn right, shuffle fwd, step 1/2 turn.**

- 1-2            rock left to left side, recover on right,
- 3-4            cross left behind right, step right to right side with 1/4 turn right,
- 5&6            shuffle fwd, stepping left, right, left,
- 7-8            step fwd on right, pivot 1/2 turn left,

**Behind side cross, behind side with 1/4 turn right, step left beside right**

- 1-2            rock right to right side, recover on left,
- 3&4            cross right behind left, step left to left side, cross right over left,
- 5-6            rock left to left side, recover on right,
- 7&8            cross left behind right, step right to right side with 1/4 turn right, step left beside right,

**Sailor steps ( travelling back ) x2, step right to right side, pivot 1/4 turn left, back rock.**

- 1&2            cross right behind left, step left beside right, step right in place, ( travelling back )
- 3&4            cross left behind right, step right beside left, step left in place, ( travelling back )
- 5-6            step right to right side, pivot 1/4 turn left,
- 7-8            rock back on left, recover on right,