

Ready To Ride

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Maryloo (FR) - September 2008
音樂: Are You Ready to Ride? - Sarah Connor



Rock Mambo (Twice), Heel Switches, Hip Bumps

- 1&2 Rock right to side and slightly forward, step left in place and slightly forward, cross right over left
- 3&4 Rock left to side and slightly forward, step right in place and slightly forward, cross left over right
- 5&6& Touch right heel forward, step right together, touch left heel forward, step left together
- 7-8 Step right diagonally forward with bump, recover on left back with bump

Diagonal Gallop Right With Bumps- Forward Rock Step, ¼ Turn Left, Side, Touch

- 1& Step right forward on a diagonal right, slide left beside right, with bumps
- 2& Step right forward on a diagonal right, slide left beside right, with bumps
- 3& Step right forward on a diagonal right, slide left beside right, with bumps
- 4 Step forward right on a diagonal right with bump
- 5-6 Rock left forward, recover to right (facing 12:00)
- 7 Turn ¼ left and step left to side
- 8 Touch right toe together

Right Rolling Vine, Touch, Step, Drag, Syncopated Heel Split

- 1 Turn ¼ right and step right forward
- 2 Turn ½ right and step left back
- 3 Turn ¼ right and step right to side
- 4 Touch left toe together
- 5-6 Step large step to left side on left, drag right together
- 7&8& Step left foot forward, split heels apart, split heels inside, bring heels together

Rock Forward, Triple ½ Turn, Left Kick Ball Point, Touch Point, Touch

- 1-2 Rock right foot forward, recover back onto left foot
- 3&4 Shuffle back turning ½ turn: right, left, right
- 5&6 Kick left foot forward, step left foot next to right foot, point left toe to right side
- 7&8 Touch right toe together, touch right toe to side, touch right toe together

Repeat

When the music changes and when the rhythm seems to slow down, continue to dance by respecting the tempo