One Way Ticket



拍數: 48 牆數: 4 級數: Beginner

編舞者: Christopher Petre (USA) - September 2008

音樂: Southbound Train - Travis Tritt: (CD: Down The Road I Go)



Step-Touch, Back-Touch, Step, Together, Step, Hold

1-2 Step diagonally right forward and touch left toe next to right

3-4 Step left back to where you started and touch right toe next to left

5-8 Step diagonally right forward, step left together, step diagonally right forward, hold

Step-Touch, Back-Touch, Step, Together, Step, Hold

1-2 Step diagonally left forward and touch right toe next to left

3-4 Step right back to where you started and touch left toe next to right

5-8 Step diagonally left forward, step right together, step diagonally left forward, hold

X Rock, Recover, Side, Hold, X Rock, Recover, 1/4 Left Side, Hold

1-4 Cross rock right foot forward over left, recover on left, step right foot to right side, hold 5-8 Rock left foot forward over right, recover on right, turn ¼ left stepping on left (9:00), hold

Step-Hold, ½ Left Pivot-Hold, Walk-Hold, Walk-Hold

1-4 Step right forward, hold, pivot ½ left placing weight on left (3:00), hold

5-8 Walk forward right, hold, walk forward left hold

Stomp Forward & Back, Drag Together-Clap, Done Both Right & Left

1-4 Stomp right forward, stomp left back, drag right together placing weight on right as you clap

on count 4

5-8 Stomp left forward, stomp right back, drag left together placing weight on left as you clap on

count 8

Special styling note: choo-choo train

Walk-Hold, Walk-Hold, Step Together, Twist Heels Out & In, Hold

1-4 Walk forward right, hold, walk forward left hold

5-8 Place right next to left, twist both heels to right, twist both heels back placing weight on left,

hold

Repeat