

# I Can Dream

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Mal Jones (UK) - September 2008  
音樂: I Can Dream - Alan Gregory : (CD: I Can Dream)



I Can Dream by Stacy Dean Campbell CD Hurt City  
I Breathe In, I Breathe Out by Chris Cagle CD Play It Loud 96 b.p.m  
Somethings Never Change by Tim McGraw - BBC Radio 2 Country Hits, Place In The Sun 96 b.p.m.  
Just A Kiss by Steve Holy 116 b.p.m.

Intro: 16 count intro.

## **CROSS ROCK, BACK CROSS BACK, CROSS TOUCH, SIDE TOUCH.**

- 1 2      Cross rock right foot diagonally over left, recover onto left,
- 3 4      Step back on right, cross left foot over right,
- 5 6      Step back onto right foot, cross and touch left foot over right,
- 7 8      Step left foot to left side and touch right foot to left instep.

## **FULL TURN RIGHT, SWEEP CROSS STEP SIDE, BEHIND SWEEP ¼ RIGHT**

- 1 2      Step right foot making ¼ turn right, step left foot making ¼ turn to left side,
- 3 4      Step right foot to right side making ½ turn, sweep and cross left foot over right,
- 5 6      Step onto left foot, side step onto right,
- 7 8      Cross left foot behind right, sweep right foot to right side making ¼ turn right. (3 o'clock).

## **STEP, ¼ TURN LEFT, ¼ TURN LEFT, SIDE, ROCK RECOVER, COASTER CROSS.**

- 1 2      Step onto right foot, step left foot over right making ¼ turn left,
- 3 4      Step back onto right making ¼ turn left, step left foot to left side,
- 5 6      Rock forward on right foot, recover on left,
- 7&8      Step right back, step left beside right, step right across left. (9 o'clock).

## **SIDE ROCK, CROSS SHUFFLE, CROSS UNWIND ¾, STEP, HOLD.**

- 1 2      Side rock on left to left side, recover on right,
- 3&4      Cross left foot over right, step right to right side, cross left over right,
- 5 6      Cross right foot over left and unwind ¾ turn,
- 7 8      Weight on left foot and hold for one count. (12 o'clock).

## **ROCK FORWARD AND BACK, ½ TURN LEFT, ½ TURN LEFT, SWAY, SWAY.**

- 1 2      Rock forward on right, recover on left,
- 3 4      Rock back on right, recover on left,
- 5 6      Step back on right making ½ turn left, step forward on left making ½ turn left,
- 7 8      Sway onto right foot, sway onto left foot (using hip movement). (12 o'clock).

## **CROSS ROCK, SHUFFLE ¼, STEP ½, SHUFFLE ½.**

- 1 2      Cross rock right diagonally over left, recover on left,
- 3&4      Step right to right side, step left next to right, step right to right side making ¼ turn right,
- 5 6      Step forward on left pivot ½ turn right (weight on right),
- 7&8      Making a ½ turn over right shoulder step left, right, left, (3 o'clock).

## **STEP BACK, ½ TURN LEFT, STEP ½TURN LEFT, ROCK RECOVER, COASTER CROSS.**

- 1 2      Step back onto right, step forward onto left making ½ turn left,
- 3 4      Step forward onto right making ½ turn left (weight on left),
- 5 6      Rock forward on right, recover onto left,
- 7&8      Step right back, step left beside right, step right across left. (3 o'clock).

**SIDE ROCK, CROSS SHUFFLE,  $\frac{1}{4}$  TURN LEFT  $\frac{1}{4}$  TURN LEFT, SWAY, SWAY.**

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|-----|---|
| 1 2 | Side rock on left to left side, recover onto right,   |
| 3&4 | Cross left over right, right to right side and cross left over right,   |
| 5 6 | Step right to right side making $\frac{1}{4}$ turn left, step left to left side making $\frac{1}{4}$ turn left, |
| 7 8 | Sway onto right foot, sway onto left foot (using hip movement). (9 o'clock).                                    |

**Extra styling. End of dance, you will dance up to count 32 being cross unwind  $\frac{3}{4}$  , this takes you to 9 o'clock wall, for finish, cross unwind  $\frac{3}{4}$  on final 2 counts of music taking you to front wall 12 o'clock.**

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