

Song In My Heart

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Phrased Easy Intermediate
編舞者: BM Leong (MY) - October 2008
音樂: Ni Shi Wo Xin Nei De Yi Shou Ge - Wang Li Hom & Selina Ren



Sequence of dance: AAB/AB(1-28)/ABA
Intro: 16 counts, starting after vocal.

Section A

SIDE, TOGETHER, SIDE, TOUCH X 2

- 1-2 Step right to right side, step left together
- 3-4 Step right to right side, touch left beside right
- 5-6 Step left to left side, step right together
- 7-8 Step left to left side, touch right beside left

CROSS, UNWIND FULL TURN LEFT, ROCK, RECOVER, BACK SHUFFLE

- 1-4 Cross right over left, unwind full turn left slowly over 3 counts
- 5-6 Rock right forward, recover onto left
- 7&8 Shuffle backward on RLR

BACK, RECOVER, STEP, 1/4 TURN RIGHT, ROCK, RECOVER, BACK SHUFFLE

- 1-2 Rock left back, recover onto right
- 3-4 Step left forward, pivot 1/4 turn right
- 5-6 Rock left forward, recover onto right
- 7&8 Shuffle backward on LRL

BACK, RECOVER, WALK, WALK

- 1-2 Rock right back, recover onto left
- 3-4 Walk forward on right, walk forward on left

Section B

ROCKING CHAIR, 1/4 TURN RIGHT ROCKING CHAIR

- 1-2 Rock right forward, recover onto left
- 3-4 Rock right back, recover onto left
- 5-6 Turning 1/4 right rock right forward, recover onto left
- 7-8 Rock right back, recover onto left

DIAGONAL FORWARD SHUFFLES X 2, TOUCH, KICK, COASTER STEP

- 1&2 Right diagonal forward shuffle on RLR
- 3&4 Left diagonal forward shuffle on LRL
- 5-6 Touch right beside left, kick right forward
- 7&8 Coaster step on RLR

LEFT ROLLING VINE, SIDE, TOGETHER, RIGHT CHASSE

- 1-3 Left rolling vine on LRL
- 4 Touch right beside left
- 5-6 Step right to right side, step left together
- 7&8 Chasse to the right on RLR

CROSS, RECOVER, LEFT CHASSE, FORWARD, TOUCH, BACK, TOUCH

- 1-2 Cross left over right, recover onto left
- 3&4 Chasse to the left on LRL
- 5-6 Step right forward, touch left beside right

7-8

Step left back, touch right beside left

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