My Partner Waltz

級數: Beginner

編舞者: Margaret Lee - October 2008

音樂: Their Hearts Are Dancing - The Forester Sisters

Start dance facing the right diagonal

拍數: 48

Can be a contra dance

Alternative Music: Tennessee Waltz

TWINKLE, WEAVE, TURNING SPIRAL ½ LEFT, TWINKLE

- 1-3 Step left across right (1), Step right to right side, turning slightly to left (2), Step left to left side with body facing slightly left (3)
- 4-6 Step right across left (1), Step left to left side (2), Step right behind left (3)

(option: to hold hands with your friends on right and left while doing Ctn 1 - 6)

- 7-9 Step left to left (1) and pivot $\frac{1}{2}$ turn left (2), maintaining weight on left (3), turning body slightly left
- 10-12 Step right across in front of left (1), Step left to left side, turning slightly to right (2), Step right to right side with body facing slightly right (3)

(13-24) Repeat Cnt 1 - 12. BALANCE FORWARD, BACK, FORWARD, BACK

- 25-27 Step left forward on right diagonal (1) (body facing slightly right, hold partner's left hand), Hold(2) and slowly lift right foot up from the floor (3)
- 28 Step right back (1) (square to front)
- 29-30 Step left next to right (2), Step right in place (3)
- 31-33 Step left forward on left diagonal (1) (body facing slightly left & hold partner's right hand), Hold(2) and slowly lift right foot up from the floor (3)
- 34 Step right back (1) (square to front)
- 35-36 Step left next to right (2), Step right in place (3)

BASIC WALTZ FORWARD, BASIC WALTZ BACK, BASIC ½ TURN, BASIC WALTZ BACK

37-39 Step forward on left (1), Step right next to left (2), step left in place (3)

(option: to hold hands with partner in front)

- 40-42 Step back on right (1), Step left next to right (2), step right in place (3)
- 43 Step forward on left (1)
- Pivot 1/2 turn left stepping back on right (2), step small step back on left (3) 44-45
- 46-48 Step back on right (4). Step back on left (5) Step right next to left (6)

Repeat





牆數:2