One Night Together (P)

級數: Improver Partner

編舞者: DJ Dan (NL) & Wynette Miller (NL) - October 2008

音樂: Open Up Your Heart - Prairie Oyster : (CD: One Kiss)

Alt: Good Luck Charm by Elvis Presley. CD: Elvis 30 #1 Hits, 118 bpm, Right open promenade. Lady steps listed, man steps and turns opposite. Start on vocals.

Both tracks 16 count intro.

拍數: 32

Turn 1/4 Chasse, Chasse, Rock Step back, Chasse 1/4 Turn

* Facing each other Double open hand position man facing OLOD lady ILOD

- Make 1/4 left step Right to right side *. Step Left next to Right. Step Right to right side. 1&2
- Step Left to left side. Step Right next to Left. Step Left to left side. 3&4
- 5-6 Rock Right back. Recover onto Left.
- 7&8 Step Right to right side. Step Left next to Right. Make 1/4 turn right step Right forward.

Man left hand let go lady right hand. Facing LOD.

Step, 1/2 Pivot Turn, 1/2 Triple Turn, Rock Step Back, 1/4 turn Chasse

Step Left forward. Pivot 1/2 turn right. 1-2

Man right hand let go lady left hand and rejoin after the triple turn.

- 3&4 Triple 1/2 turn right stepping Left, Right, Left Facing LOD
- 5-6 Rock Right back. Recover onto Left.

* Rejoin Man left hand and lady right hand. Double open hand position

Make 1/4 turn left step Right to right side *. Step Left next to Right. Step Right to right side. 7&8 Man facing OLOD lady ILOD

Rock Step Back, 1/2 Shuffle Turn, Rock Step Back, 1/4 Turn Chasse

1-2 Rock Left back. Recover onto Right

Man right hand let go lady left hand. Raise man left hand and lady right hand.

Lady turns under the raised hands and the man passing behind lady.

- 3&4 Shuffle 1/2 turn right stepping Left, Right, Left Man facing ILOD, lady OLOD
- 5-6 Rock Right back. Recover onto Left.

Change hands during the chasse, man passing behind lady.

7&8 Make 1/4 turn left step Right to right side. Step Left next to Right. Step Right to right side. Right open promenade. Facing LOD

Rock Step Back, Three Shuffles Forward

- 1-2 Rock Left back. Recover onto Right.
- 3&4 Shuffle forward stepping Left, Right, Left
- 5&6 Shuffle forward stepping Right, Left, Right
- Shuffle forward stepping Left, Right, Left 7&8

Option lady Raise man right hand and lady left hand

- 5&6 Shuffle 1/2 turn left stepping Right, Left, Right
- 7&8 Shuffle 1/2 turn left stepping Left, Right, Left

Happy dancing.



牆數: 0