

# She Bangs

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Hillbilly Rick (USA) - October 2008  
音樂: She Bangs - Ricky Martin



Start after 16 beats

## Step R To R, Drag L Behind R X2 - R Side Shuffle - L Kick Ball Change

1-4      Step R to R, Drag Step L behind R, Step R to R, Drag Step L behind R  
5&6      (R side shuffle) - Step R to R & Step L next to R - Step R to R  
7&8      (L Kick Ball Change) Kick L foot forward & Step on ball of L foot - Step R in place

## Step L To L, Drag R Behind L X 2 - L Side Shuffle, R Kick Ball Change

1-4      Step L to L, Drag Step R behind L, Step L to L, Drag Step R behind L  
5&6      (L side shuffle) - Step L to L & Step R next to L - Step L to L  
7&8      (R Kick Ball Change) Kick R foot forward & Step on ball of R foot - Step L in place

## Cross Walk Fwd Rlrl - R Shuffle Fwd -L Rock Step Fwd, Back On To R

1-4      Walk or Cross (more latiny) walk forward R L R L  
5&6      (R Shuffle Forward) - Step R forward & Step L next to R - Step R forward  
7-8      Rock step forward on L - Rock step back in place on R

## Back At L Angle, Step Back L, Drag R Across L X 2 -L Shuffle Back - R Rock Step

1-2      Stepping back at a 45 degree angle L - Step back L at L angle - Drag Slide Step R across L  
3-4      Same as above - Step back L at L angle - Drag Slide Step R across L  
5&6      L shuffle backwards at 45 degree angle  
7-8      R Rock step back - Rock back forward and step in place on L

## Step R To R, L Behind, R Shuffle To R, L Cross Rock Step, L Shuffle To L

1-2      Step R to R - Step L behind R  
3&4      (R side shuffle to R) - Step R to R - Step L next to R - Step R to R  
5-6      Cross Rock step L over R - Rock back and step in place on R  
7&8      (L shuffle to L) - Step L to L - Step R next to L - Step L to L

## Step R Fwd - Hold - Turn W Bump - Hold - L Sailor - 1/4 Turn R Sailor

1-2      Step R forward and Hold  
3-4      Make a 1/4 turn to L (hard bump with Hip out to R) & Hold  
5&6      L Sailor Shuffle  
7&8      1/4 turn R Sailor Shuffle, 1/4 turn R as you step back on R, Step L to side, Step R to side

## L Rock Step Fwd, Back On R - L Coaster - R Rock Step Fwd, Back On L - R Coaster

1-2      Left rock step forward - Rock back and step in place on R  
3&4      L Coaster Step  
5-6      R rock step forward - Rock back and step in place on L  
7&8      R Coaster Step

## Moving Fwd L Angle - Step L Fwd, Drag R Behind L, X 2 - L Shuffle Fwd - Side Rock Turn

1-2      Moving forward at 45 degree angle to L, Step forward on L - Slide Lock Step forward on R to behind L  
3-4      Step forward at angle with L - Slide R up behind L into lock step  
5&6      L shuffle forward at 45 degree angle L  
7-8      (Turning Side Rock) - Rock Step R out to R side - As you rock back and step in place on L make a 1/4 turn L to face a new wall of dance!

