

Raincheck

拍數: 64 牆數: 2 級數: Improver
編舞者: Christien van Londen (NL) - September 2008
音樂: Raincheck - Bobby D Sawyer



Dance starts on the word Sunshine.

Note: To phrase the music it was necessary to put in a little tag and a restart, Sorry.

Sec 1: Step, Lock, Step, Brush Kick. Step, Lock, Step, Brush Kick.

- 1 – 4 Step right diagonally forward, lock left behind right, step right diagonally forward, brush left.
5 – 8 Step left diagonally forward, lock right behind left, step left diagonally forward, brush right.

Sec 2: Rock Forward, Recover, Step Back, Hold, Step Back, Recover, Step Forward, Hold.

- 1 – 4 Step forward on right, recover back on left, step right back, Hold.
5 – 8 Step back on left, recover forward on right, step left forward, Hold.

Sec 3: Step Side, Behind, Side, Kick. Step Side, Cross, Side, Kick.

- 1 – 4 Step right to right side, cross left behind right, step right to right side, Kick left diagonally left.
5 – 8 Step left to left side, cross right over left, step left to left side, Kick right diagonally right.

***** Restart

Sec 4: Behind, 1/4 Turn, Step, Hold, Step, 1/2 Turn, Step, Hold.

- 1 – 4 Step right behind left, step left ¼ turn step forward, step right forward, Hold.
5 – 8 Step left forward, pivot ½ turn right, step left forward, Hold.

Sec 5: Rumba Box.

- 1 – 4 Step right to right side, step left beside right, step right forward, Hold.
5 – 8 Step left to left side, step right beside left, step left back, Hold.

Sec 6: Toe, Heel, Toe, Heel, & Heel, Toe, Heel Touch.

- 1 – 4 as you swivel left heel to right Touch right toe beside left, as you swivel left toe to right Touch right heel beside left, as you swivel left heel to right Touch right toe beside left, as you swivel left heel to right Touch right heel diagonal right.
&5 On & step right back and touch left heel forward.
6 – 8 as you swivel right heel left Touch left toe beside right, as you swivel right toe left Touch left heel beside right, as you swivel right heel left Touch left toe beside right.

Easy option section 6:

Step right to right side, step left beside right, step right to right side, hitch left.

Step left to left side, step right beside left, step left to left side, step right beside left.

Sec 7: Toe Struts Forward, Toe Struts Back.

- 1-4 Touch left toe forward, lower left heel, touch right toe forward, lower right heel.
5-8 Touch left toe back, lower left heel, touch right toe back, lower right heel.

Sec 8: Coaster Step, Brush, Jazz Box 1/4 Turn.

- 1-4 Step back on left, step right beside left, step forward on left, right brush.
5-8 Cross right over left, step back on left, step right 1/4 turn right, step left beside right.

TAG: at the END of wall 3 facing 6 O'clock.

- 1-4 Step right to right side, step left beside right, step right to right side, left hitch.
5-8 Step left to left side, step right beside left, step left to left side, right hitch.

RESTART: AFTER wall 5 facing 6 O'clock dance the first 3 sections and restart the dance.
Happy Dancing.
