San Lucas

拍數: 32

級數: Improver

編舞者: Rafel Corbí (ES) - November 2008

音樂: Cabo San Lucas - Toby Keith

(1-8) Steps Forward R&L, Shuffle Lock Forward, Rock & Recover, Shuffle Lock Back

1-2 Step forward with right, step forward with left [12:00]

牆數:4

- 3&4 Step forward with right, lock left behind right, step forward with right
- 5-6 Rock forward with left, recover back to right
- 7&8 Step back with left, lock right in front of left, step back with left

(9-16) Half Turn Right And Steps Forward R&L, Rock-Recover & Cross X 2, Shuffle Lock Forward

- 1-2 Do a 1/2 turn right and step forward with right, step forward with left [6:00]
- 3&4 Rock with right foot to right, recover to left, cross right over left
- 5&6 Rock with left foot to left side, recover to right, cross left over right
- 7&8 Step forward with right, lock left behind right, step forward with right

(17-24) Rock, Toe Touch, 1/4 Turn Left & Step, Step, Cross, Step, Rock & Recover

- 1-2 Rock forward with left, touch right toe behind left foot
- 3-4 Step back with right foot doing a 1/4 turn left, step left to left side [3:00]
- 5-6 Cross/step right in front of left, step left to left side
- 7-8 Rock back with right foot, recover weight to left

(25-32) Step Side, Together, Chasse To Right, Touch & Turn, Sailor Step

- 1-2 Step right to right side, left beside right
- 3&4 Step right to right side, left beside right, step right to right
- 5-6 Touch left to back, with weight on right foot do a 1/2 turn left [9:00]
- 7&8 Cross left foot behind right, step right to right, step left to left

Repeat Again



