

# A Toast To Life

COPPER KNOB  
BY STEPHEN HETS

拍數: 68      牆數: 4      級數: Intermediate  
編舞者: BM Leong (MY) - December 2008  
音樂: Ren Sheng Shi Ku Bei - Huang Qing Yuan



Intro: 32 counts, starting on vocal.

## KICK, CROSS, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE

1-2      Kick right forward to right diagonal, cross right over left twisting left heel to right side  
3&4      Shuffle backward on LRL  
5-6      Rock right back, recover onto left  
7&8      Shuffle forward on RLR

## KICK, CROSS, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE

1-2      Kick left forward to left diagonal, cross left over right twisting right heel to left side  
3&4      Shuffle backward on RLR  
5-6      Rock left back, recover onto right  
7&8      Forward shuffle on LRL

## POINT, BEHIND, SIDE, CROSS, SCUFF, CROSS, SIDE, BEHIND

1-2      Point right to right side, cross right behind left twisting left heel to right side  
3-4      Step left to left side, cross right over left  
5-6      Scuff left, cross left over right twisting right heel to left side  
7-8      Step right to right side, cross left behind right

## TOUCH, KICK, SAILOR-CROSS X 2

1-2      Touch right beside left bending knees, kick right to right side  
3&4      Cross right behind left, step left to left side, cross right over left  
5-6      Touch left beside right bending knees, kick left to left side  
7&8      Cross left behind right, step right to right side, cross left over right

## ROCKING CHAIR, PIVOT TURN, FORWARD SHUFFLE

1-4      Rocking chair on RLRL  
5-6      Rock right forward, pivot 1/2 turn left  
7&8      Shuffle forward on RLR

## ROCKING CHAIR, QUARTER TURN, CROSS SHUFFLE

1-4      Rocking chair on LRLR  
5-6      Rock left forward, pivot 1/4 turn right  
7&8      Cross shuffle on LRL

## SLOW CROSS SHUFFLE - HITCH X 2

1-2      Cross right over left, step left behind right heel  
3-4      Cross right over left, hitch left  
5-6      Cross left over right, step right behind left heel  
7-8      Cross left over right, hitch right

## CROSS, BOUNCE X 3, BACK ROCK, FORWARD SHUFFLE

1-4      Cross right over left bouncing both heels 4 times and turning 1/2 left  
5-6      Rock left back, recover onto right  
7&8      Shuffle forward on LRL

## SIDE, TOUCH, SIDE, TOUCH

1-2 Step right to right side, touch left beside right  
3-4 Step left to left side, touch right beside left

**RESTART during walls 2 & 4 after 32 counts.**

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