Make My Day

拍數: 32

牆數: 4



編舞者: Francien Sittrop (NL) - December 2008 音樂: Perhaps, Perhaps - The Pussycat Dolls: (Album: Doll Domination) Intro: Start on vocals (after 16 counts) (1 - 9) Side, Rock fwd, Recover, Cha-Cha R, Cross, Unwind full Turn, Cha-cha L Step L to L side Rock R across L, Recover on L 2 - 3Step R to R side, Step L next to R, Step R to R side 4 & 5 6 - 7Step L across R, Full Turn R (12.00) 8 & 1 Step L to L side, Step R next to L, Step L to L side (10-17) 1/4 Turn R, Recover, Cha-cha R, 1/4 Turn L, Recover, Kick Ball Cross Make ¼ Turn R and step R back(3.00) and look over your R shoulder (9.00) ,make ¼ Turn L 2 - 3and recover on L (12.00) 4 & 5 Step R to R side, Step L next to R, Step R to R side (12.00) 6 - 7Make ¼ Turn L and step L back(9.00) and look over your L shoulder(3.00), recover on R (9.00)8 & 1 Kick L fwd, Step L next to R, Step R across L (9.00) (18-25) Hip Sways L, R, Behind , Side, Cross, Hold, And Cross, Hold, And Cross 2 - 3Step L to L side and sway Hip L, Sway Hip R, 4 & 5 Step L behind R, Step R to R side, Step L across R 6 & 7 Hold, Step R to R side, Step L across R 8 & 1 Hold, Step R to R side, Step L across R (26-32) Rock Side, Recover, Behind, 1/4 L fwd, 1/4 L side, Rock fwd, Recover, Coaster step 2 - 3Rock R to R side, Recover on L 4 & 5 Step R behind L, ¼ Turn L and step L fwd, ¼ L and Step R to R side (3.00)

級數: Improver Cha Cha

Ending:

6 - 7

8 &

Dance up until count 13 (Cha - Cha R). Touch L back and make ¾ Turn L to the front wall.

Rock L across R, Recover on R

Step L back, Step R next to L