Sing a New Song, Dance a New Dance

拍數: 32

牆數:4

級數: Improver

編舞者: Jo Thompson Szymanski (USA) - December 2008

音樂: Sing A New Song, Dance A New Dance - Scooter Lee : (CD: Home To Louisiana)

Start dancing on lyrics

Four Polka Steps In A ¾ Box

1&2	Step right to side, step left together, step right to side
&	Turn 1/4 left and lift left knee up slightly
3&4	Step left to side, step right together, step left to side
&	Turn 1/4 left and lift right knee up slightly
5&6	Step right to side, step left together, step right to side
&	Turn ¼ left and lift left knee up slightly
700	

7&8 Step left to side, step right together, step left to side

Vaudeville Right And Left, ¾ Turn, Polka Step

- 1&2 Touch right heel diagonally forward, step right back, cross left over right
- &3&4 Step right to side, touch left heel diagonally forward, step left back, cross right over left
- 5-6 Turn ¼ right and step left back, turn ½ right and step right forward
- 7&8 Step left forward, step right together, step left forward

Rock Step, Coaster Step, Rock Step, Coaster Step

- 1-2 Rock right forward, recover to left
- arm: sweep right arm across in front as if presenting something to the right
- 3&4 Step right back, step left together, step right forward
- 5-6 Rock left forward, recover to right

arm: sweep left arm across in front as if presenting something to the left

7&8 Step left back, step right together, step left forward

Rock Step, Polka 1/2 Turn, Step, 1/4 Turn, Together, 2 Claps

- 1-2 Rock right forward, recover to left
- 3&4 Turn ¼ right and step right to side, step left together, turn ¼ right and step right forward
- 5-6 Step left forward, turn ¼ right (weight to right)
- 7&8 Step left together, clap twice (&8)

Repeat

New Line Dancers could floor split with Little Polka

