

Silence Is Golden

拍數: 32 牆數: 4 級數: Beginner
編舞者: Joyce Nicholas (MY) - January 2009
音樂: Silence Is Golden - The Tremeloes



Intro: 16 counts intro – Start on vocals

(1-8) Double Rhumba Box, X4

- 1-2 Step L forward, touch R next to left
- 3-4 Step R to right side, step L next to right
- 5-6 Step R back, touch L next to right
- 7-8 Making ¼ turn to left, step L forward, step R next to left [9.00]

(9-16) Rhumba Rocks With Half Turn

- 1-4 Step back on L, rock forward onto R, step forward onto L, Hold
- 5-6 Step forward on R, rock back onto L (starting half turn to R)
- 7-8 (Completing half turn to R, weight on L) Step forward on R, Hold [3.00]

(17-24) Cross Points, Jazz Box

- 1-2 Cross R over left, point L to left side
- 3-4 Cross L over right, point R to right side
- 5-6 Cross R over left, step back on the L
- 7-8 Step R to right side, step L together [3.00]

(25-32) Side Right, Hold, Back Rock. Side Left, Hold. Step, ½ Unwind

- 1-2 Step long step to the R, Hold
- 3-4 Rock back on L, recover onto R
- 5-6 Step long step to L. Hold
- 7-8 Touch R behind left, unwind ½ turn R [9.00]

One easy 16 counts TAG: On 7th wall (facing 6.00) – Do the first 8 counts (Double Rhumba Box), then do Hip Bumps:

- 9-10 Bump hips L twice
- 11-12 Bump hips R twice
- 13-14 Bump hips L, bump hips R
- 15-16 Repeat counts 5-6

Restart dance on 8th wall facing 3.00

Note: The dance will finish on count 14 (facing 3.00), with the rock steps. For a nice ending facing front, cross right behind left and unwind (slowly) ¾ turn right.